MultiMin

Allergy Research Group's classic mixed mineral formulation, as developed by Stephen A. Levine, Ph.D. MultiMin provides macrominerals, trace minerals, and ultra-trace minerals. Glutamic acid is included as a mildly acidifying agent.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

Contraindicated with use of aluminum containing drugs.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Appropriate for food-sensitive individuals.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

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Formulated exclusively for
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AllergyResearchGroup®

MultiMin

Classic Mineral Formula

dietary supplement

HYPOALLERGENIC

120 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	120

Amount Per Serving		% Daily Value*
Calcium (as Calcium Citrate)	83 mg	8%
Iron (as Ferric Ammonium Citrate)	6 mg	33%
Magnesium (as Magnesium Glycinate)	83 mg	21%
Zinc (as Zinc Citrate)	10 mg	67%
Selenium (as Sodium Selenite)	33 µg	47%
Copper (as Copper Sebacate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	5 mg	250%
Chromium (as Amino Acid Complex)	133 µg	110%
Molybdenum (as Sodium Molybdate)	83 µg	110%
Potassium (as Potassium Chloride)	33 mg	<1%
Boron (as Boric Acid)	333 µg	†
Vanadium (as Sodium Metavanadate)	67 µg	†
Glutamic Acid	67 mg	†

† Daily Value not established *Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

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