



F1390B

Rev: 3 09/18

Lot#: _____
Best Before: _____

INNATE[®]
RESPONSE FORMULAS



vis medicatrix naturae

Women's 40+ Multivitamin

INCLUDING
METHYLATED FOLATE & B12

Multivitamin & Mineral
Dietary Supplement

60 Tablets

Supplement Facts

Serving Size 2 Tablets
Servings per Container 30

	Amount per Serving	% DV
Vitamin A (beta carotene with carrot)	3500 IU	70
Vitamin C (ascorbic acid with organic orange)	100 mg	167
Vitamin D3 (cholecalciferol with <i>S. cerevisiae</i>)	1000 IU	250
Vitamin E (d-alpha tocopherol [sunflower] with organic brown rice)	30 IU	100
Vitamin K1/K2 (phytonadione/menaquinone-7 with cabbage)	80 mcg	100
Thiamin (B1) (thiamine HCl with <i>S. cerevisiae</i>)	2 mg	133
Riboflavin (B2) (riboflavin 5'-phosphate sodium with organic brown rice)	2 mg	118
Niacin (niacinamide with <i>S. cerevisiae</i>)	20 mg	100
Vitamin B6 (P5P with organic brown rice)	6 mg	300
Folate (L-5-MTHF with broccoli)	200 mcg	50
Vitamin B12 (methylcobalamin with <i>S. cerevisiae</i>)	12 mcg	200
Biotin (with organic brown rice)	300 mcg	100
Pantothenic Acid (d-calcium pantothenate with organic brown rice)	10 mg	100
Iron (mineral bound <i>S. cerevisiae</i>)	9 mg	50
Iodine (mineral bound <i>S. cerevisiae</i>)	150 mcg	100
Zinc (rice amino acid chelate)	15 mg	100
Selenium (mineral bound <i>S. cerevisiae</i>)	50 mcg	71
Copper (mineral bound <i>S. cerevisiae</i>)	150 mcg	8
Manganese (mineral bound <i>S. cerevisiae</i>)	2 mg	100
Chromium (GTF) (mineral bound <i>S. cerevisiae</i>)	120 mcg	100
Molybdenum (mineral bound <i>S. cerevisiae</i>)	70 mcg	93
Potassium (mineral bound <i>S. cerevisiae</i>)	2 mg	<1
Choline (choline bitartrate)	200 mg	**

** % Daily Value (DV) not established

Other Ingredients: Silica, Stearic Acid, Cellulose.

Suggested Use: 2 tablets daily, or as directed by your healthcare practitioner.
May be taken anytime throughout the day, even on an empty stomach.

Certified
(B)
Corporation



At INNATE Response we share your belief that nothing is more important than supporting your body's innate ability to heal. To that end, we develop nutrient-rich supplements.

In this INNATE Response product each vitamin or mineral is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at innateresponse.com/showme. Satisfaction guaranteed or your money back.

Learn more at: www.innateresponse.com

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store tightly sealed in a cool, dry place. Once opened, tablet color may naturally change over time.

To learn about our seals, please visit innateresponse.com/standards.