



Actual Color and Size

## Softgel Contains

## Organic Evening Primrose Oil 500 mg

Food/Dietary Supplement

Suggested Use: Take one (1) softgel with food up to six times daily. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

## Supplement Facts

Serving Size = One (1) softgel

Servings Per Container = Varied

Amount Per Serving	% I	% Daily Value	
Total Calories	5	<1%	
Calories from fat	5	*	
Fat	0.5g	1%	
Polyunsaturated Fat	0.5g	*	
	500		

Organic Evening Primrose Seed Oil 500 mg [Providing 410 milligrams of essential fatty acids as:

[Providing 410 milligrams of essemment) Gamma-Linolenic Acid (GLA)......45 mg CIS Linoleic Acid......365 mg]

\*Daily Value not established

\*\*Percent Daily Value is based on a 2000 calorie diet

Other Ingredients: Gelatin and vegetable glycerin

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. | Food supplements should not be used as a substitute for a varied diet.



440 Kings Village Rd. Scotts Valley CA, 95066 In case of adverse event: 855-885-2855