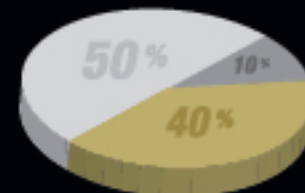


Each scoop of Pro JYM delivers 24 grams of pure, quality protein. It's not made with cheap and inferior whey protein concentrate and/or caseinates like the majority of protein powders on the market today. Instead it uses only the highest-quality whey protein isolate, micellar casein, milk protein isolate, and egg white protein (egg albumin). The 24 grams of protein in each scoop of Pro JYM contains the following:

- Whey protein isolate: 7.5g
- Micellar casein: 7g
- Milk protein isolate: 7g (5.5g casein, 1.5g whey)
- Egg albumin: 2.5g

■ WHEY PROTEIN  
■ CASEIN PROTEIN  
■ EGG PROTEIN



Since milk protein isolate is 20% whey protein and 80% micellar casein, the 7 grams of milk protein isolate are composed of 1.5 grams of whey and 5.5 grams of casein. This means that each scoop contains 9 grams of whey protein, 12.5 grams of micellar casein, and 2.5 grams of egg protein.

WORKS WITH BOTH...

JIM STOPPANI'S 6-WEEK  
**SHORTCUT TO  
SHRED**



JIM STOPPANI'S 12-WEEK  
**SHORTCUT TO  
SIZE**



HIGH-QUALITY PROTEIN BLEND FOR MAXIMAL MUSCLE GROWTH\*

JYM

**PRO JYM**

**7.5G**  
WHEY PROTEIN  
ISOLATE

**7G**  
MICELLAR  
CASEIN

**7G**  
MILK PROTEIN  
ISOLATE

**2.5G**  
EGG WHITE  
PROTEIN



**PROTEIN**  
24 SERVINGS  
Dietary Supplement

NET WEIGHT 2 LBS. (907g)

**S'MORES**  
Natural & Artificial Flavors



## SUPPLEMENT FACTS

Serving Size: 1 Scoop (38.5g)  
Servings Per Container: About 24

| Amount Per Serving | % Daily Value |      |
|--------------------|---------------|------|
| Calories           | 150           |      |
| Calories From Fat  | 25            |      |
| Total Fat          | 2.5g          | 4%*  |
| Saturated Fat      | 0.5g          | 3%*  |
| Trans Fat          | 0g            | †    |
| Cholesterol        | 10mg          | 3%   |
| Total Carbohydrate | 8g            | 3%*  |
| Dietary Fiber      | <1g           | <4%* |
| Sugars             | 3g            | †    |
| Protein            | 24g           | 48%* |
| Calcium            | 400mg         | 40%  |
| Sodium             | 60mg          | 3%   |
| Potassium          | 220mg         | 6%   |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily value not established.

**INGREDIENTS:** Protein blend (Whey protein isolate, Micellar casein, Milk protein isolate, Egg albumin), Nondairy creamer (Sunflower oil, Corn syrup solids, Sodium caseinate, Mono- and diglycerides, Dipotassium phosphate, Tricalcium phosphate, Soy lecithin, Tocopherols), Natural and artificial flavors, Dehydrated marshmallow bits (Sugar, Corn syrup, Modified cornstarch, Gelatin, Sodium hexametaphosphate, Artificial flavor, Natural flavor, Artificial color (blue #1)), Cocoa powder (Dutch process), Guar gum, Sucralose, Lecithin, Acesulfame potassium, Silicon dioxide.

**ALLERGEN WARNING:** Contains MILK, EGGS and SOY and is produced in a facility that also processes PEANUTS and WHEAT.

**DIRECTIONS:** Mix each scoop of Pro JYM in 6 oz. of water for best taste and texture. Consume 1 scoop within 30 minutes before workouts, and 1 scoop within 30 minutes after workouts. Also consider taking 1 scoop when you first wake up each day and before going to bed for maximizing lean muscle mass gains. You can also consume 1 scoop between regular meals.

**WARNINGS:** Do not use as a sole source of nutrition. Keep out of reach of children. Check with a qualified healthcare professional before taking this product if you are pregnant, nursing a baby, under 18 years of age, or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s). This product contains a chemical known to the State of California to cause cancer, birth defects, or other reproductive harm.

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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