

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

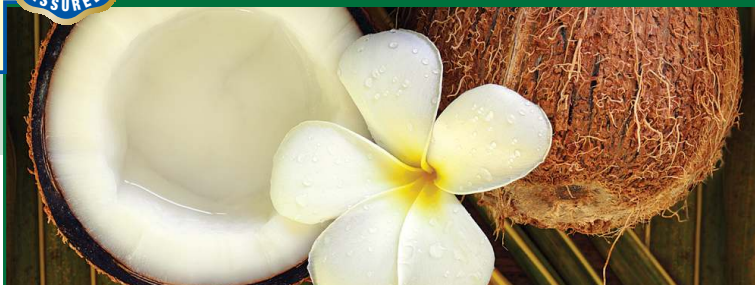
TO REORDER PROD. # **16614**  
**www.vitaminworld.com**  
**1-800-228-4533**

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 **VITAMIN WORLD**  
*get healthy.*



# COCONUT OIL

## 1000MG

with Lauric Acid  
Natural Energy Source\* • Essential Fatty Acids

Dietary Supplement

**240** Rapid Release  
Softgels

**DIRECTIONS:** For adults, take two (2) softgels twice daily, preferably with meals.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 120

Amount Per Serving		%Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%**
Saturated Fat	2.5 g	12%**
Protein	<1 g	1%**
Organic Coconut Oil	2,000 mg (2 g)	***
<i>(Cocos nucifera)</i> (fruit) which typically contains:		
Lauric Acid	880 mg	***
Myristic Acid	280 mg	***
Caprylic Acid	92 mg	***
Palmitic Acid	120 mg	***
Capric Acid	90 mg	***
Oleic Acid	100 mg	***
Stearic Acid	16 mg	***
Linoleic Acid	16 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Medium Chain Triglycerides, Vegetable Glycerin, Titanium Dioxide Color.

Coconuts are enjoyed in tropical regions around the world as a delectable fruit. Now you can enjoy the benefits of Coconut Oil in a convenient softgel. Along with essential fatty acids, this product contains Medium Chain Triglycerides (MCTs). MCTs are oxidized differently in the body than other fats, making Coconut Oil a readily available energy source.\*