SUGGESTED USE: Take AM packet in the morning, preferably with a meal. Take PM packet in the evening, preferably with a meal. / **USO SUGERIDO:** Tomar el paquete matutino (AM) en la mañana, preferiblemente con alimentos. Tomar el paquete vespertino (PM) en la noche, preferiblemente con alimentos.

Supplement Facts/Datos Sobre el Suplemento

Serving Size 3 Tablets / Porción 3 Tableta

Cal Mag D	Amount per 3 Tablets / Cantidad por 3 Tabletas	% Daily Value* % de Valor Diario*
Vitamin D / Vitamina D (from Cholecalciferol) / (del Calcio)	600 IU	150%
Calcium / Calcio (from Calcium Carbonate and Calcified Seaweed) / (del Carbonato de Calcio y Alga Calcificada)	600 mg	60%
Magnesium / Magnesio (from Magnesium Oxide) / (del Óxido de Magnesio)	200 mg	50%
Zinc (from Zinc Sulfate) / Cinc (del Sulfato de Cinc)	15 mg	100%
Manganese / Manganeso (from Manganese Citrate) / (del Citrato de Manganeso)	3.5 mg	175%

* Percent Daily Values are based on a 2,000 calorie diet. / * El porcentaje de valor diario se basa en una dieta de 2,000 calorías.

Other Ingredients: Microcrystalline Cellulose, Cellulose Gum Crosslinked, Maltodextrin, Corn Starch, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Glycerin, Carnauba Wax. / **Otros Ingredientes:** Celulosa Micro Cristalina, Goma de Celulosa Reticulada, Maltodextrina, Almidón de Maíz, Metil Celulosa Hidroxi Propil, Estearato de Magnesio, Dióxido de Sílicio, Glicerina, Cera Carnauba.

Supplement Facts/Datos Sobre el Suplemento

Serving Size 3 Tablets / Porción 3 Tableta

Bone Guard / Protección de los Huesos	Amount per 3 Tablets / Cantidad por 3 Tabletas	% Daily Value % de Valor Diario
Pomegranate Extract / Extracto de Granada	1250 mg	†
Grape Seed Extract Blend / Mezcla de extracto de Semilla de Uva (maltodextrin, grape seed extract) / (maltodextrina, extracto de semilla de uva)	125 mg	†

† Daily Value not established. / Valor Diario no establecido.

Other Ingredients: Dextrose Monohydrate, Microcrystalline Cellulose, Corn Starch, Stearic Acid, Cellulose Gum, Silicon Dioxide, Hydroxypropyl Methylcellulose, Glycerin, Carnauba Wax. / **Otros Ingredientes:** Monohidrato de Dextrosa, Celulosa Micro Cristalina, Almidón de Maíz, Ácido Estereico, Goma Celulosa, Dióxido de Sílicio, Metil Celulosa Hidroxi Propil, Glicerina, Cera Carnauba.

Supplement Facts/Datos Sobre el Suplemento

Serving Size 3 tablet / Porción 1 tableta

Vitamin D / Vitamina D	Amount per Tablet Cantidad por Tableta	% Daily Value* % de Valor Diario
Vitamin D / Vitamina D (from cholecalciferol) / (del calcio)	2000 IU	500%
Vitamin K2 / Vitamina K2 (from an extract of fermented soy beans) / (del extracto de frijoles de soja fermentados)	20 mcg	25%

* Percent Daily Values are based on a 2,000 calorie diet. / * El porcentaje de valor diario se basa en una dieta de 2,000 calorías.

Other Ingredients: Maltose, Microcrystalline Cellulose, Acacia, Sucrose, Gum Arabic, Silicon Dioxide, Corn Starch, Sunflower Oil, Natural Caramel Color, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Cellulose Gum, Magnesium Stearate, Glycerin, Carnauba Wax. / **Otros Ingredientes:** Maltosa, Celulosa Cristalina, Acacia, Sacarosa, Goma Arabiga, Óxido de Sílicio, Maíceina, Aceite de Girasol, Colorante Natural Color Caramelo, Hydroxipropil Metilcelulosa, Triglicéridos de Cadena Media, Carboximetilcelulosa, Estearato de Magnesio, Glicerina, Cera de Carnauba.

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Bone Health Pack
Paquete de Salud Ósea

Each packet contains the following: (packets shown are not actual size)

AM Dose	PM Dose
Cal Mag D Build Strong Bones with Calcium, Magnesium & Vitamin D**	**Cal Mag D** Build Strong Bones with Calcium, Magnesium & Vitamin D**
Bone Guard Help Maintain Calcium For Bone Strength**	**Vitamin D** Help Calcium Absorption For Strong Bones**

Try Other NUTRILITE® Customized Packs:

- Perfect Pack
- Strong Living Pack
- Heart Health Pack

Push Open for Easy Dispensing

NUTRILITE®

Bone Health Pack
Paquete de Salud Ósea

Build, Support and Maintain Healthy Bones**

DIETARY SUPPLEMENT

2 PACKETS A DAY/**2** PAQUETES AL DIA — 60 Packets/Paquetes

NUTRILITE® is the only brand to grow, harvest, and process plants on our own certified organic farms.** By doing so, Nutrilite captures phytonutrients (nutrients from plants) at their peak. The phytonutrients in NUTRILITE supplements can help fill in for the fruits and vegetables you're likely not getting enough of every day.

In order to assure products of the highest quality, all NUTRILITE ingredients go through strict quality testing and Nutrilite manages the entire process from seed to finished product.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

****Source: Euromonitor International Limited; www.euromonitor.com/amway-claims.**

CHILDREN UNDER 12 YEARS OF AGE, PREGNANT WOMEN OR NURSING MOTHERS, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE TAKING THIS PRODUCT. KEEP OUT OF REACH OF CHILDREN. PATIENTS ON ANTICOAGULANT THERAPY SHOULD CONSULT THEIR PHYSICIAN BEFORE TAKING VITAMIN K2 SUPPLEMENTS.

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