

From the leader in B-Vitamins^Δ, Country Life's Organic Folate is certified USDA organic. This folate is water extracted from organic lemon peel to maintain its purity. This delicious orange flavored chew (no water needed) is available in both 400 mcg DFE and 800 mcg DFE. Folate intake should not exceed 250% of the DV (1,000 mcg DFE).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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| YES CERTIFIED ORGANIC | NO YEAST, WHEAT OR SOY |
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO MILK, SALT OR PRESERVATIVES |
| YES CERTIFIED VEGAN BY THE AVA | NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| YES RECYCLABLE PACKAGING | NO MAGNESIUM STEARATE |
| YES MANUFACTURING SUPPORTS WIND POWER | NO GMOs |
| YES KOSHER | |

Δ Based on SPINScan Natural, 52 Weeks ending 2/24/19.

Lot No:

Best by:



FOLATE

800 mcg DFE

Certified Gluten-Free



- Promotes heart health*
- Essential for expectant mothers*



ORANGE FLAVOR

Dietary Supplement **100** Chewable Wafers

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults chew one (1) wafer daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 wafer

| Amount Per Serving | % Daily Value |
|--|------------------|
| Folate (as organic lemon extract (peel)) | 800 mcg DFE 200% |

Other Ingredients: Organic maltodextrin, organic cane sugar, organic rice bran extract, natural orange flavor, silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 6313
Certified Organic by Quality Assurance International

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