

Vitamin D aids in the absorption of calcium, helping to form and maintain healthy bones and teeth, as well as promote immune health.* Country Life Vitamin D3 2,500 I.U. comes from lanolin, a sustainable and safe source, in a base of medium chain triglycerides (MCTs). Available in 1,000 I.U., 2,500 I.U., and 5,000 I.U. strengths.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

This product does not contain common GE genes or proteins.
Visit igenprogram.com

Lot No:

Best by:



ESTABLISHED
— 1971 —
**Country
Life**

VITAMIN D3

62.5 mcg (2,500 I.U.)

Non-fish liver source

Certified Gluten-Free

- Maintains healthy bones and teeth*
- Promotes immune health*
- From sustainable source

Dietary
Supplement

200 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin D (D3) (as cholecalciferol - from Lanolin)	62.5 mcg (2,500 I.U.)	313%

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell).

100% bovine gelatin, BSE-free.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 5805

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