Herbal Adapt

Ashwagandha, holy basil, rhodiola, licorice, and ginger to support physical function, balanced mood, and a healthy response to stress.*

Suggested Use

As a dietary supplement, 1 capsule two times daily with or without food, or as directed by a healthcare practitioner. Best taken morning and noon.

CAUTION: Do not use if pregnant. Use only under the care of a qualified healthcare practitioner if taking antidepressant medications.

Variations in product color may occur.
Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AllergyResearchGroup®

Herbal Adapt

HPA Axis Restore*

dietary supplement

HYPOALLERGENIC

60 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	60

Amount Per Serving		% Daily Value
Ashwagandha Root Extract (standardized to 5% Withanolides)	200 mg	†
Holy Basil Leaf Extract (standardized to 2.5% Ursolic Acid)	150 mg	†
Rhodiola Root Extract (standardized to 3% Rosavins and 1% Salidrosides)	100 mg	†
Licorice Root Extract (standardized to 20% Glycyrrhizic Acid)	50 mg	†
Ginger Rhizome Extract (standardized to 5% Gingerols)	25 mg	†

† Daily value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-Leucine.