

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 or 2 capsules 2 or 3 times daily or
as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

MSM
1000mg

DIETARY SUPPLEMENT
240 CAPSULES

Supplement Facts

serving size: 2 capsules

servings per container: 120

	amount per serving
MSM (Methylsulfonylmethane) (OptiMSM®)	2000mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule.

OptiMSM® is a registered trademark
of Bergstrom Nutrition.

manufactured for
VITAL NUTRIENTS
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MIDDLETOWN, CT 06457 USA