



BCAA PLUS GLUTAMINE



OPTIMAL MUSCLE RECOVERY BOOSTER*

5 GRAMS OF FERMENTED BCAA 4:1:1 PER SERVING

- Enhances Muscle Growth & Recovery *
- Reduces Muscle Fatigue *
- Replenishes Electrolytes *



NO BANNED
SUBSTANCES
DETECTED



Certified for Sport™

STRAWBERRY
KIWI
FLAVOR

DIETARY SUPPLEMENT NET WT. 13.23 oz (375 g) INSTANTIZED POWDER

DIRECTIONS: As a dietary supplement, add one scoop (12.5 g) to 8 fl oz of cold water, juice or sports drink and mix or shake until smooth. Mixes instantly without the use of a blender.

EXTREME EDGE® BCAA PLUS GLUTAMINE

can be stacked with Extreme Edge® Pre Workout on an empty stomach 30 minutes prior to training or competition for a supercharged workout. And for quicker muscle recovery, stack with Extreme Edge® Post Workout or Extreme Edge® 100% Pure Whey Protein Isolate 30 minutes after training or competition. ♦

EXTREME EDGE® BCAA PLUS GLUTAMINE

is designed to be one of the most effective muscle recovery products ever created. It features the scientifically substantiated 4:1:1 ratio (leucine: isoleucine: valine) of fermented branched chain amino acids plus 1000 mg of free-form L-glutamine, which works in conjunction with L-leucine to improve muscle growth and repair. Naturally fermented BCAA uses only

vegetable-based sources, making it a cleaner, superior product. BCAA, leucine in particular, helps improve workout intensity and stimulates protein synthesis for increased muscle mass. Plus, naturally occurring electrolytes from coconut water have been added to the formula to help replenish lost minerals, reducing the risk of fatigue, cramping and dehydration. Use it once, and you will never train without it again! ♦

KEY FEATURES

- ✓ Featuring naturally fermented BCAA at a scientifically substantiated 4:1:1 ratio
- ✓ Free of artificially-derived colors, flavors and sweeteners
- ✓ Vegan/Vegetarian
- ✓ Free of most allergens (e.g., milk, gluten & soy)

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

KEEP OUT OF THE REACH OF CHILDREN.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME.

SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

DAILY WORKOUT REGIMEN FROM EXTREME EDGE



- PRE WORKOUT**
MUSCLE RECHARGING STACK *
- CARBO LOAD**
MUSCLE REPLENISHING & REFUELING STACK *
- POST WORKOUT**
MUSCLE REBUILDING & RECOVERY STACK *
- 100% PURE WHEY PROTEIN ISOLATE**
RAPID MUSCLE REBUILDING & AMINO ACID REPLENISHER *

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES

NSF

Certified for Sport™

Tested • Certified • Safer™ with NSF Certified for Sport®
Product tested for 200+ banned substances
Product checked against sports prohibitive lists
(NFL, MLB). More info at www.nsf.org

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 scoop (12.5 g)

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	50	
Total Carbohydrate	5 g	2%
Sugars	2 g	*
Sugar Alcohol	1 g	*
Branched Chain Amino Acid Complex	5000 mg	*
L-Leucine	3334 mg	*
L-Isoleucine	833 mg	*
L-Valine	833 mg	*
L-Glutamine	1000 mg	*
Coconut Water Powder	250 mg	*
(Supplying the naturally occurring electrolytes calcium, magnesium, sodium, and potassium)		

*Daily Value not established.

Other Ingredients: Organic evaporated cane juice sugar, erythritol, natural flavors, malic acid, coconut oil creamer, silicon dioxide, organic stevia, non-GMO beet juice (colorant), sunflower lecithin.

Contains: Tree Nuts (Coconut)

Free of Milk, Egg, Fish, Crustacean Shellfish, Peanuts, Wheat and Soybeans.

Also Free of Yeast, Gluten, Barley and Rice.

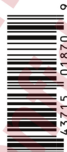
Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

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Ajinomoto® is a registered trademark of Ajinomoto AminoScience LLC.



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