

Dietary Supplement

North American
Herb & Spice

CO₂-extracted Hempanol PM™

Sleep & wellness support formula*

Raw whole food hemp & hops extract

Convenience Pak 10 (140 mg) softgels



Directions: Take at least one capsule at bedtime. Ideal for daily use.

Hempanol PM is the natural way to support sleep function.* Also, use it whenever you need to relax.* Calm yourself into REM sleep through the powers of organic hemp plus hops and cinnamon.

Beta caryophyllene occurs naturally in hemp, oregano, hops, and cinnamon. Each capsule contains 10 mgs crude, whole food hemp extract. Enduring wellness is the key for a great life. Vivid dreams may be experienced.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 softgel, per container 10

Amount Per Serving	% Daily value
Proprietary blend 140 mg in organic extra virgin olive oil	
Raw, organic, CO ₂ -extracted wild oregano	*
Raw, organic, CO ₂ -extracted organic hemp	*
Cinnamon essential oil	*
Raw, CO ₂ -extracted hops	*
Raw, CO ₂ -extracted chamomile	*
*Daily value not established	

Other ingredients: BSE-Free beef gelatin, Non-GMO

Mfd. for North American Herb & Spice
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