

plnt Gelatinized Maca Powder is steam and pressure extracted using a process known as gelatinization which removes the starch for easier digestion.°

Grown and cultivated in the high Peruvian Andes°



Gelatinized  
Maca Powder  
*Lepidium meyenii*



Non-GMO • Vegan

Vitality, Energy and Stamina°

Net Wt. 8 oz. (224 g) | Dietary Supplement



## Supplement Facts

Serving Size 1 Scoop (8 g)  
Servings Per Container 28

|                                                            | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------|-----------------------|------------------|
| Calories                                                   | 20                    |                  |
| Total Carbohydrate                                         | 5 g                   | 2% <sup>†</sup>  |
| Dietary Fiber                                              | 1 g                   | 4% <sup>†</sup>  |
| Gelatinized Organic Maca ( <i>Lepidium meyenii</i> )(root) | 8 g                   | *                |

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

Other ingredient: None.

Does not contain: Gluten, Sugar, Salt, Animal Derivatives, Artificial Colors or Flavors.

○ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** Add one (1) scoop (8 g) daily to water or your favorite beverage or smoothie.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

**Distributed by: Vitamin Shoppe, Inc.**  
**Secaucus, NJ 07094**

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Certified Organic by  
Quality Assurance International

Pure living, naturally true®

Welcome to the world of plnt®: an array of earth-friendly products including herbs, supplements, vitamins, multis, and whole foods independently tested to ensure purity, potency, and consistent quality.

The plnt line of products is dairy-free, with ingredients sourced in nature. That's why we leave out the "a" in plnt, to represent the absence of artificial preservatives, colors, flavors, or sweeteners. The result is nutrition that you can believe in.



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