

Doctor's Suggested Use: Take 3 capsules daily; 1 before each meal. Do not exceed 3 capsules daily or take additional vanadyl sulfate without consulting a health care professional.

Supplement Facts

Serving Size: 1 Capsule • Servings Per Container: 90

Amount Per Serving		% DV
Chromium (as polynicotinate)	66 mcg	55%
Indian Kino Tree Extract [‡] (heartwood and bark)	150 mg	*
Gymnema Extract* (leaf)	133 mg	*
Purslane Extract§ (leaf)	60 mg	*
Vanadyl Sulfate	33 mg	*
Banaba Extract (leaf)	18 mg	*

Other ingredients: Microcrystalline cellulose, gelatin, silicon dioxide, magnesium stearate

WARNING: If you are on insulin treatment, or are pregnant or lactating, consult a health care professional before using this product. If you are on oral hypoglycemic agents, this product may require an adjustment in your medication. Always consult a health care professional before making an adjustment.

Note: Vanadyl sulfate may cause a harmless darkening of stools. Use of this product may result in gastrointestinal upset including loose stools, abdominal discomfort, or nausea. **Keep out of reach of children.**

[‡]Silbinol[®] (Indian Kino Tree Extract) is a registered trademark of Sabinsa Corporation.

*GS4 Plus® (Gymnema Extract) is a registered trademark of Sabinsa Corporation.

§ Portusana® is a registered trademark of Frutarom USA, Inc.

Standardization Levels: Indian Kino Tree Extract: 5% pterostilbene, 0.01% epicatechin; Gymnema Extract: 25% gymnemic acids; Banaba Extract: 1% corosolic acid