

Mixes Instantly!

Nature's Plus® The Energy Supplements®
SPIRU-TEIN®
 Vegetarian Protein with Spirulina & Phytonutrients

**Hot Cocoa
 with Marshmallows**

Immune-Boosting

TOTAL ORAC
 50,000

DANDIES



GLUTEN
 Free

NET WT.
 12.3 OZ.
 (350g)

Rich, Sumptuous Swiss
 Hot Cocoa Delivers Nourishing
 Warmth and Comfort



Nutrition Facts

Serving Size 1 Scoop (35g)
 Servings Per Container 10

Amount Per Serving	SPIRU-TEIN HOT COCOA	with 1 Cup Skim Milk
Calories	80	160
Calories from Fat	20	20
% Daily Value**		
Total Fat 2g*	3%	3%
Sat Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	2%
Sodium 150mg	6%	11%
Potassium 400mg	11%	22%
Total Carb 13g	4%	8%
Sugars 6g		
Sugar Alcohols (Xylitol) 5g		
Protein 6g	12%	29%

Amount Per Serving	% Daily Value	
Vitamin A	677 IU	15% 25%
Vitamin C	60 mg	100% 100%
Calcium	237 mg	25% 50%
Iron	0 mg	0% 0%
Vitamin D	19 IU	4% 35%
Vitamin E	7 IU	25% 25%
Thiamin	0.1 mg	6% 15%
Riboflavin	0.5 mg	30% 60%
Niacin	0.1 mg	<1% 2%
Vitamin B6	0.1 mg	6% 10%
Vitamin B12	1.4 mcg	25% 45%
Pantothenic Acid	0.8 mg	10% 15%
Phosphorus	35 mg	4% 30%
Iodine	81 mcg	50% 50%
Zinc	0.7 mg	4% 10%

*Amount in **SPIRU-TEIN HOT COCOA**. A serving of **SPIRU-TEIN HOT COCOA** plus skim milk provides 2g fat, 5mg cholesterol, 250mg sodium, 780mg potassium, 25g carbohydrate (18g sugar) and 14g protein.

**Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Immune Complex (arabinogalactans, standardized high-ORAC[†] cocoa bean extract, *Rhodiola rosea* extract, elderberry extract, bilberry extract, grape seed extract), natural flavor, marshmallow (natural flavors, carrageenan, soy protein), proprietary non-GMO protein blend (rice protein, pea protein, and soy [isolated soy protein and fermented soy], spirulina), evaporated cane crystal, sunflower oil, maltodextrin, potassium citrate, calcium citrate malate/carbonate, sodium phosphate, xanthan gum, vitamin C, sodium chloride, vitamin E (d-alpha tocopheryl acetate), vitamin A palmitate, zinc sulfate, calcium pantothenate, riboflavin, cholecalciferol, niacinamide, thiamine HCl, vitamin B12, pyridoxine HCl, potassium iodide...and **LOVE** ♥



SPIRU-TEIN HOT COCOA is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans – As Nature Intended.

Whether you're at a ski lodge or finally home from a cold, slushy commute, hot cocoa has always been the remedy of choice for a deep winter chill. Even before the first sip, the warmth of the mug, the billowing steamy aroma and delicious anticipation have already begun their soul-warming, therapeutic effects. Luxuriously warm, soothing **Nature's Plus® SPIRU-TEIN® Hot Cocoa** delivers the therapeutic delight of rich hot cocoa and much more! **SPIRU-TEIN Hot Cocoa** supplies powerful immune-boosting nutrition, when you need it most! Only **SPIRU-TEIN Hot Cocoa** goes beyond the sensations of luscious, rich cocoa – and fluffy, gourmet vegetarian marshmallows – with the immune-boosting benefits of arabinogalactans and a host of defense-reinforcing essential nutrients. **SPIRU-TEIN Hot Cocoa** is the antidote to winter's cold.

Nature's Plus SPIRU-TEIN HOT COCOA POWDER
 features a unique blend of ingredients, including...

- **IMMUNE-BOOSTING NUTRIENTS:** Cocoa, Vitamin C (100% DV), Larch Arabinogalactans, Rhodiola, Elderberry, Bilberry & Grape Seed Extracts, Xylitol
- **SUPERIOR TRI-PART PROTEIN BLEND:** ‡ Rice, Pea & Soy (12% DV Protein)
- **ANTIOXIDANT NUTRITION:** Cocoa, Vitamin C (100% DV), Vitamin E (25% DV)
- **VITAMINS AND MINERALS:** Excellent Source of Calcium and Vitamin B12

† Oxygen Radical Absorbance Capacity ‡ Patents Pending

DIRECTIONS: Add one heaping scoop (scoop included in can) of **SPIRU-TEIN HOT COCOA** powder to 8 fl. oz. of hot skim milk, whole milk (or milk substitute) or water, and mix until smooth. Microwave Directions: Mix in cold liquids as above. Microwave on high for 1 minute or more, as desired.

SPIRU-TEIN HOT COCOA MIXES INSTANTLY – NO BLENDER REQUIRED.
VEGETARIAN, YEAST-FREE PRODUCT • KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
 makers of **Nature's Plus**
 9500 New Horizons Blvd.
 Amityville, New York 11701, USA
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 www.naturesplus.com

PRODUCT NO. 4591



Each serving of **SPIRU-TEIN HOT COCOA** also contains:

Immune Complex..... **5,500 mg**
 Arabinogalactans (*Larix occidentalis* extract), standardized high-ORAC[†] cocoa bean extract, Rhodiola (*Rhodiola rosea*) extract, elderberry extract, bilberry extract, grape seed extract