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Chasteberry Plus® combines chasteberry and black cohosh to help support menstrual regularity, ease menstrual cramps, and support reproductive health. Ashwagandha, an herb traditionally used to support healthy aging and libido, completes this special women's formula.*

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**HERBAL
SUPPLEMENT**

Chasteberry Plus®

Supports Menstrual Regularity,
Relieves Menstrual Symptoms*



60 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving

Chasteberry (*Vitex agnus-castus*) 10:1 Fruit Extract 100 mg*

Black Cohosh (*Actaea racemosa*) Root & Rhizome Extract [standardized to 2.5% (1mg) total triterpene glycosides expressed as 27-deoxyactein] 40 mg*

Ashwagandha (*Withania somnifera*) 15:1 Root Extract [containing withanolides] 60 mg*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

DISTRIBUTED BY: METAGENICS

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*Also known as *Cimicifuga racemosa*.