

Since 1972

Digestive System Support*

GUARANTEED PURE

Target-Minerals are minerals chelated to specific amino acids. As chelates, these minerals are readily absorbed to target specific body systems. Zinc supports pancreas health and is involved in healthy insulin production. Chromium is an essential part of GTF (Glucose Tolerance Factor).*

RECOMMENDATION

Take one capsule with a meal three times daily.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.



TARGET P-14[®] FORMULA

Dietary Supplement

90 CAPSULES

Stock No. 2810
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
www.naturesunshine.com

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	%Daily Value	
Zinc (amino acid chelate)	15 mg	136%
Chromium (amino acid chelate)	80 mcg	229%
Proprietary Blend	198 mg	†
Juniper Berries (<i>Juniperus communis</i>)		
Goldenseal Root Extract (<i>Hydrastis canadensis</i>)		
Uva Ursi Leaves (<i>Arctostaphylos uva-ursi</i>)		
Rose Hips (<i>Rosa canina</i>)		
Mullein Leaves (<i>Verbascum thapsus</i>)		
Garlic Bulb (<i>Allium sativum</i>)		
Yarrow Aerial Parts (<i>Achillea millefolium</i>)		
Slippery Elm Inner Bark (<i>Ulmus rubra</i>)		
L-Leucine		
L-Lysine		
L-Glutamine		
Capsicum Fruit (<i>Capsicum annuum</i>)		
Dandelion Root (<i>Taraxcum officinale</i>)		
Marshmallow Root (<i>Althaea officinalis</i>)		
Nettle Leaves (<i>Urtica dioica</i>)		
White Oak Stem Inner Bark (<i>Quercus alba</i>)		
Licorice Root (<i>Glycyrrhiza glabra</i>)		

†Daily Value not established

Other Ingredients: Cellulose, capsule (gelatin, water).

LOT:
Full Potency Through: