



Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 240

	Amount Per Serving	% Daily Value
Methylsulfonylmethane (MSM) OptiMSM®	1000 mg	*

*Daily value not established.

Other Ingredients: Gelatin and vegetable magnesium stearate.

Directions

As a dietary supplement, take 1 capsule daily with food or as directed by a healthcare professional.

Keep dry and at room temperature (59°-86°F [15°-30°C]).

Free Of

Milk, eggs, peanuts, tree nuts, crustacean shellfish, fish, soy, gluten, titanium dioxide.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

What is MSM?

Methylsulfonylmethane, or MSM, is an organic source of sulfur (an abundant mineral in the human body) that helps maintain normal connective tissues.* Included in this formula are 1,000 mg of OptiMSM®, a patented, pure, distilled form of MSM.

What are the key benefits of VitaCost® MSM?

Supports joint health.*

Sulfur contributes to the formation of connective tissue.*

VitaCost® MSM is a targeted wellness solution - just for you.

Features OptiMSM, a high-quality, non-allergenic, non-toxic form of MSM.

Each 1-capsule serving provides 1,000 mg of MSM.

Contains 240 servings per bottle.

Exceptional quality at an extraordinary value.

Warnings

Pregnant or lactating women, those with diabetes, hypoglycemics, and people with known medical conditions and/or taking drugs, should consult with a licensed physician and/or pharmacist prior to taking dietary supplements.

Potency • Purity • Pride

All VitaCost® supplements are formulated to deliver the level of support you expect and deserve. Whether you're shopping VitaCost® vitamins, minerals, herbs or other key nutrients, their potency is guaranteed – what's on the label is what's in the bottle. Plus, all VitaCost® supplements adhere to the FDA's Current Good Manufacturing Practices (CGMPs), ensuring that they are manufactured to high standards of **POTENCY**, **PURITY**, efficacy and safety. We take **PRIDE** in what we do, which is why we promise if you don't love your product, we'll take it back – even if the bottle is empty.

About VitaCost® Brand

The search is over. VitaCost® Brand supplements are focused on helping you create a strong foundation with simple, transparent formulas that support – and easily fit into – your daily life. Whether it's Everyday Essentials you're looking for or Targeted Wellness support, VitaCost® Brand supplements offer the high-quality solution you need at the value price you deserve. We continuously look for ways to improve technology, processes and ingredients, so you feel confident about what you're putting in your body or giving to your family. And it's all right here, at VitaCost.com®.



OptiMSM® is a registered trademark of Bergstrom Nutrition.