



multi minerals with boron & vitamin D no iron

formulated with
essential trace minerals

mineral
300 tablets
dietary supplement

bones^v
teeth^v

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 100

	Amount Per Serving	% Daily Value
Vitamin D (as ergocalciferol)	5 mcg	25%
Calcium (as carbonate, citrate, gluconate)	1000 mg	75%
Iodine (from kelp, as potassium iodide)	150 mcg	100%
Magnesium (as oxide, citrate)	500 mg	120%
Zinc (as zinc oxide)	22.5 mg	205%
Selenium (as l-selenomethionine)	50 mcg	90%
Copper (as copper gluconate)	1 mg	110%
Manganese (as amino acid chelate, sulfate)	5 mg	215%
Chromium (as amino acid chelate)	100 mcg	285%
Molybdenum (as amino acid chelate)	50 mcg	110%
Potassium (as amino acid chelate, chloride)	99 mg	2%
Boron (as citrate, aspartate, glycinate complex)	3 mg	*
Vanadium (amino acid chelate)	50 mcg	*
Glutamic Acid (as L-glutamic acid HCl)	50 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, aqueous coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

Contains: Soy.

Does not contain: Gluten, Artificial Colors or Flavors.

DIRECTIONS: Take three (3) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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