



# Magnesium Glycinate 400

DIETARY SUPPLEMENT

2  
Daily

400 mg Magnesium  
Vegetarian  
90 TABLETS



**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

**Directions:** Use only as directed. Take 2 tablets daily with a meal or glass of water. Store in a cool, dry place.

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 45

|                                           | Amount Per Serving | % Daily Value |
|-------------------------------------------|--------------------|---------------|
| <b>Calories</b>                           | 5                  |               |
| <b>Total Carbohydrate</b>                 | 1 g                | <1%†          |
| Dietary Fiber                             | 1 g                | 4%†           |
| <b>Magnesium (as Magnesium Glycinate)</b> | 400 mg             | 100%          |

†Percent Daily Value based on a 2,000 calorie diet.

**Other Ingredients:** Cellulose, Stearic Acid, Silica and Magnesium Stearate.

**Discussion:** Magnesium provides nutritive support for normal, healthy muscle function. Vegetarian formula.

ActivTab™ technology guarantees tablet disintegration within 30 minutes according to USP standards.

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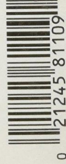
Comments or Questions:

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