

Since **KAL** 1932
INNOVATIVE
QUALITY

Ultra Omega 3•6•9™

Molecularly Distilled Fish Oil
Borage/Fish/Flax

DIETARY SUPPLEMENT

1
Daily

200 SOFTGELS

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 softgel up to 4 times daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	
Cholesterol	5 mg	2%
Vitamin E (as Mixed Tocopherols)	10 IU	33%
Organic Flax Seed Oil (Supplying 212 mg Alpha Linolenic Acid [Omega 3], 47 mg Linoleic Acid [Omega 6] and 75 mg Oleic Acid [Omega 9])	400 mg	*
Fish Oil (Supplying 72 mg EPA [Eicosapentaenoic Acid] [Omega 3] and 48 mg DHA [Docosahexaenoic Acid] [Omega 3])	400 mg	*
Borage Seed Oil (Supplying 128 mg Linoleic Acid [Omega 6], 76 mg Gamma Linolenic Acid [Omega 6] and 78 mg Oleic Acid [Omega 9])	400 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Gelatin and Glycerin.

Discussion: Today's North American diet is typically low in Omega 3. A shortage of Omega 3 in the diet disrupts the balance of Essential Fatty Acids in the body. This formula provides a delicate balance of Omega 3, Omega 6 and Omega 9 with added Vitamin E to help prevent oxidation. Borage and organic flax seed oils are cold pressed and solvent free. Molecularly Distilled fish oil comes from cold water fish. KAL® fish oils go through a purity process, including molecular distillation, to remove heavy metals, PCBs, dioxins, furans and other contaminants to meet superior fish oil standards.

KAL Guarantees that NO ingredients other than those listed on this label have been added to this product.

Mfd. for Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

KAL

Park City, UT 84060 USA ©2010

(800) 365-5966 www.kalvitamins.com



183012

7630084 0410