

Swanson

U L T R A®

The Most Advanced Nutrition Technology

VEG CAPS

Simag™

Marine Magnesium

Mineral Supplement

200 mg Elemental Magnesium per Capsule



60 VEGGIE CAPSULES • 200 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one veggie capsule two times per day with water.

Supplement Facts

Serving Size 1 Veggie Capsule

	Amount Per Serving	% Daily Value
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Magnesium	200 mg	50%
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[(from magnesium oxide, magnesium hydroxide, magnesium sulphate, magnesium carbonate, magnesium chloride) (from Simag™ 45G marine magnesium)]

*Daily Value not established.

Other ingredients: Rice flour, hypromellose (vegetable capsule), silica, rice extract.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com

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