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No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **1113**  
[www.vitaminworld.com](http://www.vitaminworld.com)

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# Potassium

## 99 mg

Promotes Fluid Balance through  
Electrolyte Replacement\*

Vegetarian Dietary Supplement

**250**  
CAPLETS

**DIRECTIONS:** For adults, take one (1) caplet daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Potassium	99 mg	3%
(as Potassium Gluconate)		

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Potassium is essential for muscle activity and nerve transmission.\* Potassium also aids in the mineral balance of the blood and works with sodium to regulate the body's water balance.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.