



VitaCost Milk Thistle Extract - Standardized Description
*A powerful antioxidant that promotes healthy liver function.**

What is milk thistle?

Milk thistle (*Silybum marianum*) is a plant native to the Mediterranean region and indigenous to western and central Europe. It's been used to support health for more than 2,000 years. Milk thistle seeds contain an antioxidant flavonoid complex known as silymarin.

SKU #: 844197016495

What are the key benefits of VitaCost® Milk Thistle Extract - Standardized?

Promotes healthy liver function.*

Powerful antioxidant that can help protect healthy cells from free radical damage.*

VitaCost® Milk Thistle Extract - Standardized is a targeted wellness solution - just for you.

Provides 150 mg of milk thistle extract per 1-capsule serving

Standardized to 80% flavonoids as silymarin, the active ingredient

Contains 200 servings per bottle

Exceptional quality at an extraordinary value.

Potency • Purity • Pride

All VitaCost® supplements are formulated to deliver the level of support you expect and deserve. Whether you're shopping VitaCost® vitamins, minerals, herbs or other key nutrients, their potency is guaranteed – what's on the label is what's in the bottle. Plus, all VitaCost® supplements adhere to the FDA's Current Good Manufacturing Practices (CGMPs), ensuring that they are manufactured to high standards of **POTENCY, PURITY**, efficacy and safety. We take **PRIDE** in what we do, which is why we promise if you don't love your product, we'll take it back – even if the bottle is empty.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 200

	Amount Per Serving	% Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	150 mg	*
Standardized to 80% flavonoids as silymarin (120 mg)		

*Daily value not established.

Other Ingredients: Rice flour, gelatin (capsule) and magnesium stearate.

Warnings

Pregnant or lactating women, those with diabetes, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. **Keep out of reach of children.**

About VitaCost® Brand

The search is over. VitaCost® Brand supplements are focused on helping you create a strong foundation with simple, transparent formulas that support – and easily fit into – your daily life. Whether it's Everyday Essentials you're looking for or Targeted Wellness support, VitaCost® Brand supplements offer the high-quality solution you need at the value price you deserve. We continuously

look for ways to improve technology, processes and ingredients, so you feel confident about what you're putting in your body or giving to your family. And it's all right here, at VitaCost.com®.

Directions

As a dietary supplement, take 1 capsule daily with food, or as directed by a healthcare professional.

Keep dry and at room temperature (59°-86°F [15°-30°C]).

Free Of

Milk, eggs, peanuts, tree nuts, crustacean shellfish, fish, soy, gluten, titanium dioxide.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.