BrainStorm®

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Contains: **Soy.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not labeled for sale in California.

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Formulated exclusively for
Allergy Research Group®
South Salt Lake, UT 84115
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Phone: 800.545.9960

Rev. 011

Allergy Research Group®

BrainStorm®

Neurotransmitter Support Formula*

dietary supplement

60 tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving		% Daily Value*
Vitamin A (as 1000 IU of Beta-Carotene)	50.2 µgRAE	6%
Vitamin C (as Ascorbic Acid)	5 mg	6%
Vitamin E (as 5 IU of d-Alpha Tocopheryl Succinate)	3.4 mg	23%
Thiamine (as Thiamine Hydrochloride)	7.5 mg	625%
Riboflavin (67% as Riboflavin and 33% as Riboflavin -5-Phosphate)	7.5 mg	577%
Niacin (86% as Niacinamide)	17.5 mgNE	109%
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25% as Pyridoxal-5-Phosphate)	10 mg	588%
Folate (as 50 ug of 5-Methyltetrahydrofolate (from 93 ug [6S]-5-methyltetrahydrofolate, glucosamine salt))	83 µgDFE	21%
Vitamin B12 (as Hydroxycobalamin)	25 µg	1042%
Biotin	50 µg	167%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	400%
Zinc (as Zinc Citrate)	5 mg	45%
Selenium (90% as Sodium Selenite and 10% as Selenomethionine)	25 µg	45%
Copper (as Copper Bisglycinate)	0.5 mg	56%
Chromium (as Chromium Picolinate)	25 µg	71%
Molybdemum (as Sodium Molybdate)	25 µg	56%
Boron (as Boric Acid)	250 µg	†
Ginkgo (Leaves) Extract	15 mg	†
Bacopa (Aerial Part) Extract	50 mg	†
Eleuthero (Root) Extract	20 mg	†
Asian Ginseng (Root) Extract	20 mg	†
Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg	†
L-Glutamine	125 mg	†
L-Tyrosine	100 mg	†
N-Acetyl-L-Carnitine	25 mg	†
Choline Bitartrate	40 mg	†
Inositol	25 mg	†
Phosphatidylcholine (soy)	50 mg	†
Quercetin Dihydrate	25 mg	†
Cayenne Pepper (Fruit) Powder	50 mg	†
Essential Phospholipids (Phosphatidylserine 60%) (sunflower)	50 mg	†

† Daily Value not established
*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.