BrainStorm®

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur.
Keep in a cool, dry place, tightly capped.

Contains: **Soy.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

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Formulated exclusively
for Allergy Research Group®
South Salt Lake, UT 84115
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AllergyResearchGroup®

BrainStorm®

Neurotransmitter Suppor Formula*

dietary supplement

60 tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving		% Daily Value*
Vitamin A (as 1000 IU of Beta-Carotene)	50.2 µgRAE	6%
Vitamin C (as Ascorbic Acid)	5 mg	6%
Vitamin E (as 5 IU of d-Alpha Tocopheryl Succinate)	3.4 mg	23%
Thiamine (as Thiamine Hydrochloride)	7.5 mg	625%
Riboflavin (67% as Riboflavin and 33% as Riboflavin -5-Phosphate)	7.5 mg	577%
Niacin (86% as Niacinamide)	17.5 mgNE	109%
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25% as Pyridoxal-5-Phosphate)	10 mg	588%
Folate (as 50 ug of 5-Methyltetrahydrofolate (from 93 ug [6S]-5-methyltetrahydrofolate, glucosamine salt))	83 µgDFE	21%
Vitamin B12 (as Hydroxycobalamin)	25 µg	1042%
Biotin	50 µg	167%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	400%
Zinc (as Zinc Citrate)	5 mg	45%
Selenium (90% as Sodium Selenite and 10% as Selenomethionine)	25 µg	45%
Copper (as Copper Bisglycinate)	0.5 mg	56%
Chromium (as Chromium Picolinate)	25 µg	71%
Molybdemum (as Sodium Molybdate)	25 µg	56%
Boron (as Boric Acid)	250 µg	†
Ginkgo (Leaves) Extract	15 mg	†
Bacopa (Aerial Part) Extract	50 mg	†
Eleuthero (Root) Extract	20 mg	†
Asian Ginseng (Root) Extract	20 mg	†
Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg	†
L-Glutamine	125 mg	†
L-Tyrosine	100 mg	†
N-Acetyl-L-Carnitine	25 mg	†
Choline Bitartrate	40 mg	†
Inositol	25 mg	†
Phosphatidylcholine (soy)	50 mg	†
Quercetin Dihydrate	25 mg	†
Cayenne Pepper (Fruit) Powder	50 mg	†
Essential Phospholipids (Phosphatidylserine 60%) (sunflower)	50 mg	†

† Daily Value not established
*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.

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