The 7-Day ReduceXS™ Total Body Cleansing Program is a convenient and simple 2-step process that provides complete nutritional support for deep cellular cleansing. After finishing this 7-day program, most people feel energized and have an increased sense of well being. For optimal health, improved digestion and increased energy, invigorate yourself by scheduling the 7-Day ReduceXS™ Total Body Cleansing Program every 3 months.

The Program Kit Includes:

- 1 x 259 g bottle of RestorX™ Intestinal Repair Nutritional Drink Mix for days 1–4
- 1 x 360 g bottle of DetoxiCleanse™ Detoxification Nutritional Drink Mix for days 5–7
- 7 x supplement packets for days 1–7. Each packet contains:
  2 x Colon Support tablets
  3 x BioLivX™ vegetarian capsules
- 7-Day ReduceXS™ Total Body Cleansing Program instruction booklet (or download at www.bioclinicnaturals.com)

Suggested Usage:

Step 1 (Days 1–4): Take 1 scoop (32.4 g) of RestorX™ Intestinal Repair Nutritional Drink Mix 2 times per day in water or follow mixing instructions below. Step 1 supports gut barrier integrity and function* and prepares the body for healthy detoxification.

Step 2 (Days 5–7): Take 2 scoops (40 g) of DetoxiCleanse™ Detoxification Nutritional Drink Mix 3 times per day in water or follow mixing instructions below. Step 2 nutritionally supports healthy detoxification.

All 7 Days: Take 1 packet of the enclosed BioLivX™ and Colon Support supplements each day at noon. The packets provide additional support for liver and colon function. Include a liberal diet of raw and/or steamed vegetables and fresh fruit. Drink a minimum of 8 glasses of purified water or herbal teas daily.

Step 1 RestorX™ Intestinal Repair Nutritional Drink Mix

Mixing Instructions: Blend, shake or briskly stir 1 scoop (32.4 g) into 8 fl. oz. of purified water or freshly pressed juice (vegetable or fruit). You can also customize your drink mix by blending 1 scoop (32.4 g) with 8 fl. oz. of purified water and 1 cup of fresh or frozen organic berries or other fruit. Stir and drink immediately.

Contains no artificial preservatives, colors or sweeteners; no gluten or wheat.

Step 2 DetoxiCleanse™ Detoxification Nutritional Drink Mix

Mixing Instructions: Blend, shake or briskly stir 2 scoops (40 g) into 8 fl. oz. of purified water or freshly pressed juice (vegetable or fruit). You can also customize your drink mix by blending 2 scoops (40 g) with 8 fl. oz. of purified water and 1 cup of fresh or frozen organic berries or other fruit. Stir and drink immediately.

Contains no artificial preservatives, colors or sweeteners; no dairy, gluten or wheat.

Caution: Consult a health care professional if you have been experiencing persistent diarrhea, abdominal pain, unexplained weight loss or blood in the stool. Take a few hours before or after taking other medications. Do not use if you are pregnant or breastfeeding. Keep out of reach of children.

Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

PRODUCT OF CANADA
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7-Day ReduceXS™

Total Body Cleansing Program

Low Allergy Potential • Low Glycemic Load • Gluten Free

DIETARY SUPPLEMENT

bioclinic™ naturals

Step 1
RestorX™

Step 1 • Days 1–4
RestorX™ Intestinal Repair Nutritional Drink Mix
Effective gastrointestinal support prepares the body for healthy detoxification*

Step 2
DetoxiCleanse™

Step 2 • Days 5–7
DetoxiCleanse™ Detoxification Nutritional Drink Mix
Detoxification and deep cellular cleansing*

Suggested Usage:
Take 1 packet each day at noon during the 7-day program. Keep out of reach of children.

Colon Support® Tablets

Colon Support Tablets
An all-natural, gentle laxative that keeps the bowels moving efficiently*

Caution: Do not use if you have or develop diarrhea, loose stools, abdominal pain, nausea, fever, vomiting or other symptoms of appendicitis. Overuse or extended use may cause dependence for bowel function. Do not use during pregnancy. Keep out of reach of children.

Contains no artificial preservatives, colors or sweeteners; no corn, dairy, gluten, soy, wheat or yeast.

Supplement Facts

Serving Size 2 Tablets Per Packet
Servings per Container 7

	Amount Per Serving	% Daily Value
Calcium	170 mg	17%
Cascara Sagrada (*Rhamnus purshiana*), powder (bark)	260 mg	**
Senna (*Cassia angustifolia*), powdered extract 4:1 (leaf)	120 mg	**
Licorice (*Glycyrrhiza glabra*) powder (root)	80 mg	**
Peppermint (*Mentha piperita*), powder (leaf)	30 mg	**
Gentian (*Gentiana lutea*), powder (root)	10 mg	**
Rhubarb (*Rheum palmatum*), powder (root)	8 mg	**
Peppermint Oil (*Mentha piperita*)	2.4 mg	**

** Daily Value not established.

Other ingredients: Dicalcium phosphate, cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

BioLivX™ Capsules

BioLivX™ Capsules
Supplies key substances used by the liver to help detoxify harmful chemicals.* It also contains important phytochemicals that support normal liver function.*

Contains no artificial preservatives, colors or sweeteners; no corn, dairy, gluten, starch, wheat or yeast.

Phytosome™ is a trademark of Indena S.p.A.

Supplement Facts

Serving Size 3 Capsules Per Packet
Servings per Container 7

	Amount Per Serving	% Daily Value
Sodium Glucuronate	600 mg	**
Licorice (*Glycyrrhiza glabra*), powdered extract (root)	240 mg	**
(*Glycyrrhizin* (12%)	29 mg	**
Alpha-Lipoic Acid	150 mg	**
Silybin Phytosome™ (Contains Silybin [from *Silybum marianum*] Bound to Phosphatidylcholine [from Soy Lecithin])	150 mg	**
Schisandra (*Schisandra chinensis*), powdered extract (berry)	150 mg	**
Schisandrins (2%)	3 mg	**
Turmeric powdered extract (*Curcuma longa*), (rhizome) (Standardized to 95% Curcuminoids) (Providing 75 mg Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)	78 mg	**
Panax Ginseng Phytosome™ [Contains *Panax ginseng* Bound to Phosphatidylcholine (from Soy Lecithin)]	75 mg	**

‡ Daily Value not established.

Other ingredients: Cellulose, vegetarian capsule (cellulose, purified water, silica), silica, magnesium stearate (vegetable grade).

Recyclable containers.

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Step 1 RestorX™ Days 1–4

Supplement Facts

Serving Size 1 Scoop (approx. 32.4 g)
Servings Per Container 8

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	35	
Total Fat	4 g	6%‡
Saturated Fat	2.5 g	13%‡
Total Carbohydrate	10 g	3% ‡
Dietary Fiber	7 g	28%‡
Sugars	2 g	**
Protein	12 g	
Vitamin A (as beta carotene)	4,800 IU	96%
Vitamin C (ascorbic acid)	75 mg	125%
Vitamin D (as cholecalciferol) (lanolin)	100 IU	25%
Vitamin E (as *d*-alpha tocopheryl acetate)	25 IU	83%
Thiamin (as thiamin hydrochloride)	12.5 mg	833%
Riboflavin	10 mg	588%
Niacin (as niacinamide)	6 mg	30%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,250%
Folate (as folic acid)	250 mcg	63%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as calcium citrate, dicalcium phosphate & calcium sulfate)	208 mg	21%
Phosphorus (as dicalcium phosphate)	44 mg	4%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium citrate)	100 mg	25%
Zinc (as zinc citrate)	12.5 mg	83%
Selenium (as selenium chelate)	50 mcg	71%
Chromium (as chromium chelate)	50 mcg	42%
Molybdenum (as molybdenum citrate)	12.5 mcg	17%
Potassium (as potassium citrate)	100 mg	3%
Organic Sprouted Brown Rice Protein Concentrate	16 g	**
Cellulose	4,450 mg	**
Medium Chain Triglycerides	2,500 mg	**
Bifidobacterium longum (Patented Strain BB536) (milk)	5 billion§	**
Soy Lecithin	1,500 mg	**
Guar Gum	1,300 mg	**
L-Glutamine	1,000 mg	**
Fructooligosaccharides (FOS)	560 mg	**
L-Lysine Hydrochloride	119 mg	**
Stevia, powdered extract (leaf)	118 mg	**
L-Glycine	77 mg	**
N-Acetyl-L-Cysteine	42 mg	**
Bromelain (1,000 GDU/g)	37.5 mg	**
Quercetin	12.5 mg	**
N-Acetyl Glucosamine	12.5 mg	**
Grape Seed (*Vitis vinifera*), powdered extract Standardized to 87% Polyphenols	11 mg	**
Milk Thistle (*Silybum marianum*), powdered extract (seed) Standardized to 80% Silymarin	11 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.
§ BB536 process stabilizes the most sensitive bifidobacteria and guarantees bioactivity even when not refrigerated (typically at room temperature).

Other ingredients: Organic cane sugar, natural flavors (apple, banana, blueberry, raspberry, strawberry), lemon oil.

Step 2 DetoxiCleanse™ Days 5–7

Supplement Facts

Serving Size 2 Scoops (approx. 40 g)
Servings Per Container 9

	Amount Per Serving	% Daily Value
Calories	140	
Calories from Fat	35	
Total Fat	4 g	6%‡
Saturated Fat	3 g	15%‡
Total Carbohydrate	10 g	3%‡
Dietary Fiber	6 g	24%‡
Sugars	4 g	**
Protein	15 g	
Vitamin A (as beta carotene)	2,400 IU	48%
Vitamin C (ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol) (lanolin)	100 IU	25%
Vitamin E (as *d*-alpha tocopheryl acetate)	25 IU	83%
Thiamin (as thiamin hydrochloride)	20 mg	1,333%
Riboflavin	10 mg	588%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,250%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Pantothenic Acid (as calcium pantothenate)	15 mg	150%
Calcium (as calcium citrate, dicalcium phosphate & calcium sulfate)	273 mg	27%
Phosphorus (as dicalcium phosphate)	37 mg	4%
Iodine (as potassium iodide)	15 mcg	10%
Magnesium (as magnesium citrate)	100 mg	25%
Zinc (as zinc citrate)	10 mg	67%
Selenium (as selenium chelate)	40 mcg	57%
Chromium (as chromium chelate)	75 mcg	63%
Molybdenum (as molybdenum citrate)	10 mcg	13%
Potassium (as potassium citrate)	150 mg	4%
Organic Sprouted Brown Rice Protein Concentrate	20 g	**
Cellulose	3,000 mg	**
Medium Chain Triglycerides	3,000 mg	**
Guar Gum	1,185 mg	**
Soy Lecithin	1,000 mg	**
L-Glutamine	500 mg	**
L-Glycine	500 mg	**
Sodium Alginate (extracted from (*Laminaria japonica*)	400 mg	**
Chlorella	250 mg	**
L-Methionine	250 mg	**
L-Lysine Hydrochloride	165 mg	**
N-Acetyl-L-Cysteine	150 mg	**
Stevia, powdered extract (leaf)	150 mg	**
Methylsulfonylmethane (MSM)	100 mg	**
Apple Pectin	100 mg	**
Taurine	60 mg	**
Alpha-Lipoic Acid	50 mg	**
Sodium Copper Chlorophyllin	50 mg	**
Milk Thistle (*Silybum marianum*), powdered extract (seed) Standardized to 80% Silymarin	50 mg	**
Broccoli Sprout, powder	50 mg	**
Green Tea (caffeine free) (*Camellia Sinensis*), powdered extract (leaf) Standardized to 45% EGCg	50 mg	**
Bromelain (1,000 GDU/g)	45.5 mg	**
Calcium D-Glucarate	25 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other ingredients: Organic cane sugar, natural flavors (black cherry, lemon, lime), gum arabic.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Bioclinic Naturals products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the Canadian Government and the Therapeutic Goods Administration (TGA) regulations of Australia—among the world's highest standards for natural products.