

BODYBUILDING.COM SIGNATURE

A signature is a promise. A symbol of your identity. Your mark on the world. Bodybuilding.com was founded on a single promise: Trust. It's who we are and it's in our blood. Our Signature line is built on the same promise. Every product is transparent, filler-free, and formulated with effective doses of research-backed ingredients you can trust. We create the highest quality supplements, so you can focus on leaving a mark of your own.

Directions for Use: As a dietary supplement, take 1 Signature Multivitamin tablet daily immediately following a meal. If taken on an empty stomach, you may feel a tingling, flush effect to the skin. This is a normal reaction to niacin.

Warnings: Consult your physician before using this product if you're taking any medications or are under a physician's care for a medical condition. Not for use for those under the age of 18 or women that are pregnant, trying to get pregnant or nursing.

CAUTION: Transient flushing and feeling of warmth might be associated with the ingestion of niacin-containing products.

Manufactured in the USA in a GMP registered facility with domestic and international ingredients



Distributed By: Bodybuilding.com
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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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S I G N A T U R E

MULTI VITAMIN

29 NUTRIENTS

In One Easy-to-Swallow Pill

SUPPORTS

Muscle Function & Immunity*

DIETARY SUPPLEMENT

90 TABLETS



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 90

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	1,500mcg 167%	Magnesium (as magnesium oxide)	150mg 36%
Vitamin C (as ascorbic acid)	200mg 222%	Zinc (as zinc oxide)	15mg 136%
Vitamin D (as as cholecalciferol)	50mcg 250%	Selenium (as selenomethionine)	70mcg 127%
Vitamin E (as d-alpha-tocopheryl succinate)	16.5mg 110%	Copper (as copper gluconate)	0.9mg 100%
Vitamin K (as phytonadione)	120mcg 100%	Manganese (as manganese gluconate)	2.3mg 100%
Thiamin (as thiamin mononitrate)	10mg 833%	Chromium (as chromium nicotinate glycinate chelate)	120mcg 343%
Riboflavin	8.5mg 654%	Molybdenum (as molybdenum amino acid chelate)	75mcg 167%
Niacin	60mg 375%	Alpha Lipoic acid	50mg *
Vitamin B6 (as pyridoxine HCl)	10mg 588%	Silica (as silicon dioxide)	2mg *
Folate (400 mcg folic acid)	667mcg DFE 167%	Lutein (from marigold flower extract)	2mg *
Vitamin B12 (as cyanocobalamin)	100mcg 4,167%	Lycopene	1mg *
Biotin	300mcg 1,000%	Boron (as boron chelate)	0.5mg *
Pantothenic acid (as D-calcium pantothenate)	50mg 1,000%	Vanadium (as vanadium amino acid chelate)	10mcg *
Calcium (as calcium carbonate)	150mg 12%	Nickel (as nickel sulfate)	5mcg
Iodine (from kelp)	150mcg 100%		

Percent Daily Value is based on a 2,000 calorie diet.
*Daily value not established

Other Ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, film coat (hypromellose, polyethylene glycol, hydroxypropyl cellulose) and magnesium stearate.