



Vitacost Ginger Root Complex - Standardized Description
NEW! High-quality ginger root supplement—standardized for consistent potency in every serving.

What is Vitacost Ginger Root Complex?

Vitacost Ginger Root Complex is a superior supplement providing both ginger root and a standardized ginger root extract, delivering 5% gingerols (the active ingredient) in every capsule.

Ginger is a thick, knotted underground stem (or rhizome) of the plant *Zingiber officinale*. Native to Asia, ginger has been used as a culinary spice in Asian and Indian cuisine for centuries. Ginger tea, steeped from the root, is also a popular beverage around the world.

Why choose Vitacost Ginger Root Complex?

Contains standardized ginger root extract, for consistent potency in every capsule

Contains 120 servings per bottle

Exceptional quality, great value!

About Vitacost

Vitacost nutritional products are manufactured to high standards of quality, efficacy and safety. Each Vitacost product meets or exceeds the standards and requirements set forth in the FDA's Code of Federal Regulation (21 CFR, 111) Current Good Manufacturing Practices (CGMP).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 120

	Amount Per Serving	% Daily Value
Ginger Extract (<i>Zingiber officinale</i>) (root) [Standardized to 5% gingerols (12.5 mg)]	250 mg	*
Ginger (<i>Zingiber officinale</i>) (root)	100 mg	*

*Daily value not established.

Other Ingredients: Rice flour, gelatin (capsule) and magnesium stearate (vegetable source).

Warnings

Pregnant or lactating women, diabetics, hypoglycemics and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. Keep out of reach of children.

Directions

As a dietary supplement, take 1 capsule 1 to 3 times daily, or as directed by a healthcare professional.

Store in a cool, dry place.

Free Of

Milk, eggs, peanuts, tree nuts, shellfish, fish, soy, gluten, titanium dioxide.