



Puritan's Pride® Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

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No Artificial Color or Flavor,
No Sugar, No Starch, No Milk,
No Lactose, No Soy, No Gluten,
No Wheat, No Yeast, No Fish.
Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Holbrook, NY 11741 U.S.A.
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**SUPPORTS ENERGY
METABOLISM***

**FAST ACTING
LIQUID**

**ENER-B
SHOT**

B-12
5000 mcg

GREAT TASTING

Natural Berry Flavor

VEGETARIAN DIETARY SUPPLEMENT 2 fl. oz. (59 mL)

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DIRECTIONS: SHAKE WELL before use. For adults, place one (1) mL daily, under the tongue and hold there for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 mL

Servings Per Container 59

Amount Per Serving	%Daily Value
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Vitamin B-12 5,000 mcg (5 mg)	83,333%
(as Cyanocobalamin)	

Other Ingredients: Purified Water, Sorbitol, Vegetable Glycerin, Natural Berry Flavor, Citric Acid, Potassium Sorbate (preservative).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.puritan.com

1-800-645-1030