



What is CoQ10 Description

A powerful antioxidant that supports healthy heart function and cellular energy production.*

What is CoQ10?

Coenzyme Q10 (CoQ10) is a fat-soluble, vitamin-like compound found in every cell of the body. It's used by the mitochondria ("power plants") of cells to produce energy. CoQ10 is found in highest concentration in cells of organs that require large amounts of energy, such as the heart.

CoQ10 also functions as a powerful antioxidant.* Antioxidants help protect cells from free radical damage. Free radicals are harmful compounds generated during normal body processes, such as breathing and digestion, but also upon exposure to environmental influences such as UV sunlight and smoke. Free radicals attack healthy cells, damaging their membranes, DNA and other components, compromising normal cell function.

While the body produces CoQ10 on its own, levels decline over time, with a steady decrease beginning after age 30. Factors such as aging, genetics, and cholesterol-lowering statins can lead to a CoQ10 deficiency.

What are the key benefits Vitacost® CoQ10?

CoQ10 is necessary for energy production at the cellular level.

CoQ10 functions as a powerful antioxidant.*

CoQ10 has the potential to maintain blood pressure levels already within normal range.*

Supports healthy heart function.*

Disclaimer

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Warnings

Pregnant or lactating women, those with diabetes, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. Keep out of reach of children.

Vitacost® CoQ10 is a targeted wellness solution - just for you.

Features naturally fermented CoQ10.

Exceptional quality at an extraordinary value.

Potency • Purity • Pride

All Vitacost® supplements are formulated to deliver the level of support you expect and deserve. Whether you're shopping Vitacost® vitamins, minerals, herbs or other key nutrients, their potency is guaranteed – what's on the label is what's in the bottle. Plus, all Vitacost® supplements adhere to the FDA's Current Good Manufacturing Practices (CGMPs), ensuring that they are manufactured to high standards of **POTENCY, PURITY, efficacy and safety.** We take **PRIDE** in what we do, which is why we promise if you don't love your product, we'll take it back – even if the bottle is empty.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 120

	Amount Per Serving	% Daily Value
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Coenzyme Q10 (ubiquinone)	30 mg	*
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*Daily value not established.

Other Ingredients: Rice flour, gelatin, vegetable magnesium stearate and silicon dioxide.

Directions

As a dietary supplement, take 1 capsule daily with food or as directed by a physician.

Keep dry and at room temperature (59° -86°F [15°-30°C]).

Free Of

Milk, eggs, peanuts, tree nuts, crustacean shellfish, fish, soy, gluten, titanium dioxide.