Emergen-C

1,000 mg Vitamin C

Daily Immune Support*

Antioxidants,* B Vitamins & Electrolytes

Strawberry-Kiwi
Flavored Fizzy Drink Mix with other **Natural Flavors**
Caffeine-Free, Gluten-Free, Vegetarian & Natural Sweeteners

Tropical
Flavored Fizzy Drink Mix with other **Natural Flavors**
Caffeine-Free, Gluten-Free, Vegetarian & Natural Sweeteners

Pink Lemonade
Flavored Fizzy Drink Mix with other **Natural Flavors**
Caffeine-Free, Gluten-Free, Vegetarian & Natural Sweeteners

90 Packets
3 30-COUNT CARTONS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural fruit flavors

As much Vitamin C as 10 oranges!*

90-PACKETS/NET WT. 28.8 OZ (825 g)

DIETARY SUPPLEMENT
*Vitamin C, Zinc & Manganese

Emergen-C

Cool off with some Eye-popping Ice Pop!

Ingredients:
- 2 packets of Emergen-C vitamin drink mix
- 12 ounces of filtered water
- Ice pop molds

Directions:
Mix your favorite flavor of Emergen-C drink mix with water, pour into ice pop molds, freeze and enjoy! A yummy frozen treat with the vitamin, antioxidant*, and electrolyte power of Emergen-C.
Serves 2

1 Vitamin C, Zinc and Manganese

Start your day with Breakfast on the Beach!

Ingredients:
- 2 packets of Emergen-C® Tropical vitamin drink mix
- 12 ounces of orange juice (squeezed fresh oranges)
- 2 ounces of protein powder
- 1/2 cup of ice (crushed or cubed)

Directions:
Stir ingredients together. Add ice. Drink. It's as refreshing as a cool ocean breeze.
Serves 3

For more delicious recipes, visit Facebook.com/EmergenC

Naturally, It's Good for You!

With each sip of these great tasting, naturally flavored vitamin drink mixes, you can feel the essential nutrients flow through your body in a wave of Emergen-C® rejuvenation. If feeling good is your thing, you found the right box.

feel the Good®

Get your free samples at emergenc.com!
While supplies last. See website for limitations.

Immune Support
1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.*

Energy
7 B vitamins including B_1, B_2, B_3, B_5, B_6, B_7 and B_{12} enhance energy naturally* without caffeine.

Electrolytes
Great for post-workout, replace key electrolytes lost through perspiration.*

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Directions: Open 1 packet and mix 25 ounces (fill 1 pitcher). Drink contents into a glass and 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use. If you are pregnant, nursing, or taking medication, consult your doctor before use.

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	Strawberry-Kiwi (8.9 g) % Daily Value	Tropical (9.2 g) % Daily Value	Pink Lemonade (9.4 g) % Daily Value
Calories	30	30	30
Total Carbohydrate	8 g 3%	8 g 3%	9 g 3%
Total Sugars	6 g	7 g	6 g
Includes Added Sugars	5 g 10%	6 g 12%	6 g 12%
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg 1,111%	1,000 mg 1,111%	1,000 mg 1,111%
Thiamin (as thiamine hydrochloride) (Vit. B_1)	0.38 mg 32%	0.38 mg 32%	0.38 mg 32%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B_2)	0.42 mg 32%	0.42 mg 32%	0.42 mg 32%
Niacin (Vit. B_3)	4 mg 25%	4 mg 25%	4 mg 25%
Vitamin B_6 (as pyridoxine hydrochloride)	10 mg 588%	10 mg 588%	10 mg 588%
Folate (Vit. B_9)	167 mcg DFE (100 mcg Folic Acid) 42%	167 mcg DFE (100 mcg Folic Acid) 42%	167 mcg DFE (100 mcg Folic Acid) 42%
Vitamin B_{12} (as cyanocobalamin)	25 mcg 1,042%	25 mcg 1,042%	25 mcg 1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B_5)	2.5 mg 50%	2.5 mg 50%	2.5 mg 50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate)	50 mg 4%	50 mg 4%	50 mg 4%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate)	38 mg 3%	38 mg 3%	38 mg 3%
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg 14%	60 mg 14%	60 mg 14%
Zinc (as zinc ascorbate)	2 mg 18%	2 mg 18%	2 mg 18%
Manganese (as manganese gluconate)	0.5 mg 22%	0.5 mg 22%	0.5 mg 22%
Chromium (as chromium picolinate)	10 mcg 29%	10 mcg 29%	10 mcg 29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate)	85 mg 3%	85 mg 3%	85 mg 3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate)	200 mg 4%	200 mg 4%	200 mg 4%

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established. ‡Electrolytes

Keep out of reach of children.
***Based on bioUltra-grade vitamin C drinking, non-energy drink.**
Distributed by: **Alacer Corp.**
Carlsbad, **CA** 92011
customer care: 1-888-405-2360
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Strawberry-Kiwi
Other Ingredients: Fructose, Citric Acid, Fruit Juice Solids (kiwi, strawberry) (color and flavor), Maltodextrin, Sodium Ascorbate, Ascorbic Acid. **Contains <2% of:** Beet Juice Concentrate (color), Glycine, L-Aspartic Acid, Malic Acid, Malic Acid, Maltodextrin, Natural Flavors, Silicon Dioxide, Tartaric Acid.

Tropical
Other Ingredients: Fructose, Citric Acid. **Contains <2% of:** Acacia, Beet Juice Concentrate (color), Glycine, L-Aspartic Acid, Malic Acid, Malic Acid, Maltodextrin, Natural Flavors, Silicon Dioxide, Tartaric Acid.

Pink Lemonade
Other Ingredients: Fructose, Citric Acid, Maltodextrin, Dried Honey Powder, Sugar. **Contains <2% of:** Beet Juice Concentrate (color), Glycine, L-Aspartic Acid, Lactose (Fruit Solids (color and flavor), Lac-Man Gum, Malic Acid, Natural Flavors, Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness).

FPO
Please dispose responsible sources

Our boxes are printed with vegetable-based inks.

Recyclable
This box is recyclable.

Store at room temperature. Protect from moisture.
Carton contains individual packets. Do not use if packet seal is torn or broken.

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