

Magnesium is an essential electrolyte mineral involved in maintaining proper cardiovascular, nerve, and muscle health. The primary function is to activate enzymes. More than half of the body's magnesium is stored in the bones, 27% in muscle and the remainder in soft body tissues, cells and fluids. Magnesium is critical in energy production.

Our **Mega Magnesium®** contains a combination of three different forms of magnesium.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MEGA MAGNESIUM®

Promotes Optimal Muscle, Nerve,
and Bone Health†

Dietary Supplement

90 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount Per Serving

% Daily Value

Magnesium (from amino acid chelate, citrate and malate)	400 mg	100%
Malic acid	222 mg	*

* Daily Value not established.

Other Ingredients: Vegetarian capsule (cellulose), silicon dioxide, magnesium stearate (vegetable source).

SUGGESTED USE: Take three capsules daily, preferably with meals, in divided doses, or as directed by your healthcare practitioner.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN.

VL 610-90N

