

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



 **VITAMIN WORLD**  
*get healthy.*

**IRON  
FREE**

# MEGA

# VitaGel

Mega Vitamins

**Energy Metabolism\***  
**Stress Factors**  
**Antioxidant Support\***

**120** RAPID  
RELEASE  
SOFTGELS

DIETARY  
SUPPLEMENT

**DIRECTIONS:** For adults, take two (2) softgels daily, preferably with a meal.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 60

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Total Carbohydrate	<1 g	<1%**
Protein	<1 g	1%**
Vitamin A (as 100% Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as D3 Cholecalciferol)	2,000 IU	500%
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	500 mcg	8,333%
Biotin (as d-Biotin)	1,000 mcg	333%

Amount Per Serving	%Daily Value	
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	50 mg	5%
Iodine (as Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	25 mg	6%
Zinc (as Zinc Citrate)	15 mg	100%
Selenium (as Selenium Yeast)	25 mcg	36%
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Potassium (as Potassium Citrate)	32 mg	1%
Choline Bitartrate	10 mg	***
Inositol	10 mg	***
Citrus Bioflavonoids ( <i>Citrus sinensis</i> ) (fruit)	10 mg	***
Rutin	10 mg	***
Boron (as Boron Citrate)	1 mg	***
Coenzyme Q-10	100 mcg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other Ingredients:** Safflower Oil, Gelatin, Vegetable Glycerin. **Contains <2% of:** Natural Caramel Color, Soybean Oil.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Fish. Sodium Free.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # 14297  
[www.vitaminworld.com](http://www.vitaminworld.com)  
1-800-228-4533

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