



Coconut Oil

1000 mg

NATURAL SOURCE OF ENERGY*

DIETARY SUPPLEMENT

Actual Product
Size on Side Panel

150 SOFTGELS

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 75

Amount Per Serving	%Daily Value	
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%**
Saturated Fat	2.5 g	12%**
Protein	<1 g	1%**
Organic Coconut Oil (Cocos nucifera) (fruit) which typically contains:	2,000 mg (2 g)	***
Lauric Acid	880 mg	***
Myristic Acid	280 mg	***
Caprylic Acid	92 mg	***
Palmitic Acid	120 mg	***
Capric Acid	90 mg	***
Oleic Acid	100 mg	***
Stearic Acid	16 mg	***
Linoleic Acid	16 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Gelatin (Bovine), Medium Chain Triglycerides, Vegetable Glycerin, Titanium Dioxide Color.

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Coconuts are enjoyed in tropical regions around the world as a delectable fruit. Now you can enjoy the benefits of coconut oil in a convenient softgel.* This product contains medium chain triglycerides (MCTs), which are oxidized differently in the body than other fats, making coconut oil a readily available energy source.*

Directions: For adults, take two (2) softgels twice daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

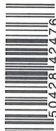
KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, salt.

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Actual Size

337698



0 50428 42476 6

3/16" Non-Varnish Area

Prod. No.
58989
B16615 00A