

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. **We guarantee it!**



DIRECTIONS: For adult women, take four (4) caplets daily, preferably with a meal.

**No Artificial Flavor, No Preservatives,
No Sugar, No Milk, No Lactose, No Gluten,
No Wheat, No Yeast, No Fish.**

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

TO REORDER PROD. # **8989**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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PRE-NATAL COMPLEX

**FOR PREGNANT
& NURSING WOMEN**

HIGH POTENCY

Multi-Nutrient with Folic Acid

120 COATED
CAPLETS

MULTIVITAMIN
& MULTIMINERAL
SUPPLEMENT

Supplement Facts

Serving Size 4 Caplets
Servings Per Container 30

Amount Per Serving	%Daily Value for Pregnant and Lactating Women	Amount Per Serving	%Daily Value for Pregnant and Lactating Women
Vitamin A (as Retinyl Acetate)	5,500 IU 69%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%	Magnesium (as Magnesium Oxide)	450 mg 100%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	30 IU 100%	Zinc (as Zinc Citrate)	15 mg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.7 mg 100%	Selenium (as Sodium Selenate)	35 mcg *
Riboflavin (Vitamin B-2)	2 mg 100%	Copper (as Copper Gluconate)	2 mg 100%
Niacin (as Niacinamide)	20 mg 100%	Manganese (as Manganese Gluconate)	2 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.5 mg 100%	Chromium (as Chromium Picolinate)	60 mcg *
Folic Acid	800 mcg 100%	Molybdenum (as Sodium Molybdate)	75 mcg *
Vitamin B-12 (as Cyanocobalamin)	8 mcg 100%	Potassium (as Potassium Chloride and Potassium Citrate)	10 mg *
Biotin (as d-Biotin)	300 mcg 100%	Sodium	15 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Cranberry Fruit Powder (Vaccinium macrocarpon)	60 mg *
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate and d-Calcium Pantothenate)	1,300 mg (1.3 g) 100%	Choline (as Choline Bitartrate)	20 mg *
		Ginger Root (Zingiber officinale)	20 mg *
		Inositol	20 mg *
		PABA (Para-Aminobenzoic Acid)	2 mg *

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica. **Contains <2% of:** Red Beet Root Powder (color), Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.



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