

Glucosamine, Chondroitin, MSM (methylsulfonylmethane) and Hyaluronic Acid are important nutrients to help support joints, cartilage and tendons.*

Directions: As a dietary supplement, adults take one (1) tablet with any meal, up to three (3) times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy, please consult your physician before using this product.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives or Artificial Flavors. **Gluten Free.**

*Flex-a-min® is a registered trademark of Arthritis Research Corporation, Ronkonkoma, NY 11779

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500807-0418N



**21ST
CENTURY®**

Glucosamine & Chondroitin

Plus **HYALURONIC ACID + MSM**

MAXIMUM STRENGTH

COMPARE VS. FLEX-A-MIN®†

DIETARY SUPPLEMENT 120 TABLETS

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	2 g	<1%‡
Total Sugars	1 g	**
Sodium	120 mg	6%
Glucosamine HCl	1,500 mg	**
Chondroitin Sulfate	1,200 mg	**
MSM (Methylsulfonylmethane)	500 mg	**
Proprietary Blend	60 mg	**
Silica & Hyaluronic Acid (as Sodium Hyaluronate)		

‡ Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Cellulose, Polyplasdone, Stearic Acid. **Contains <2% of:** Croscarmellose Sodium, Magnesium Stearate, PEG, Polyvinyl Alcohol, Silicon Dioxide, Talc, Titanium Dioxide. **Contains shellfish (shrimp, crab, crayfish).**



7 40985 27387 6

ACTUAL SIZE