

21<sup>ST</sup>  
CENTURY.

# PreNatal DHA

For Pregnancy & Nursing Moms\*  
Compare VS.  
Expecta<sup>®</sup> DHA<sup>†</sup>

DHA SUPPLEMENT

30 SOFTGELS

gluten  
free



## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Total Fat	0.5 g	<1% <sup>†</sup>
DHA (docosahexaenoic acid from <i>Schizochytrium sp.</i> oil)	200 mg	**

<sup>†</sup> Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** High Oleic Sunflower Oil, Sunflower Lecithin, Mixed Tocopherols (Vitamin E) and Ascorbyl Palmitate (Vitamin C) as Antioxidants, in a Gelatin Capsule (Gelatin, Water, Glycerin, FD&C Red #40, Annatto).

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

21<sup>ST</sup> Century<sup>®</sup> PreNatal DHA, is a non-fish source of Omega-3 fatty acids that helps support mother and baby during pregnancy and breast feeding.\* PreNatal DHA can be taken in combination with your prenatal vitamin.

**Directions:** As a dietary supplement, adults take one (1) softgel daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, or Yeast.

<sup>†</sup> Expecta<sup>®</sup> DHA is a registered trademark of Mead Johnson & Company.

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ACTUAL SIZE