

Quality Purity Potency

Kirkland Signature™ Hair, Skin & Nails has the right combination of vitamins, minerals and herbs to help maintain healthy hair, skin and nails. It includes key antioxidants – such as vitamin A, vitamin C, and vitamin E – that help fight free radicals and assist in cellular function and integrity. In addition, vitamin C helps support collagen production, which is essential for maintaining healthy skin. Calcium is critical for strong nails.*

- ✓ Biotin is an important B-complex vitamin that helps support healthy hair structure**
- ✓ Keratin is a key protein in the formation of hair, skin and nails**

No Artificial Dyes or Flavors • No Gluten
No Lactose • No Trans Fat

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of the reach of children.
Store at 15° - 30°C (59° - 86°F).

ITM. / ART. 847454



14/02/2023

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

240
TABLETS

Actual Size

**STRAWBERRY
CREAM
FLAVORED
COATING****KIRKLAND**
Signature

ITM. / ART. 847454

Hair, Skin & Nails

HIGH POTENCY BIOTIN 5000 MCGplus antioxidants Vitamin A & C • Calcium • Vitamin D₃

✓ Helps support **LUSTROUS HAIR,
RADIANT SKIN & HEALTHY NAILS***

*Dietary Supplement***SUGGESTED USE:** Adults – Two tablets daily with food as a dietary supplement.**Supplement Facts**

Serving Size 2 Tablets

Servings Per Container 120

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 5000 IU	100%	Zinc 7.5 mg	50%
Vitamin C 60 mg	100%	Manganese 2 mg	100%
Vitamin D ₃ 1000 IU	250%	PABA (Para-aminobenzoic acid) 10 mg	**
Vitamin E 15 IU	50%	Choline Bitartrate 10 mg	**
Thiamin 5 mg	333%	Inositol 30 mg	**
Riboflavin 5 mg	294%	Ribonucleic Acid (RNA) 10 mg	**
Niacin 25 mg	125%	Citrus Bioflavonoids 30 mg	**
Vitamin B ₆ 5 mg	250%	Rutin 8 mg	**
Folate 200 mcg	50%	Horsetail (Equisetum arvense L.) (whole herb) 3 mg	**
Vitamin B ₁₂ 8 mcg	133%	Hydrolyzed Collagen 50 mg	**
Biotin 5000 mcg	1667%	Alpha Lipoic Acid 10 mg	**
Pantothenic Acid 15 mg	150%	Keratin 100 mg	**
Calcium 260 mg	26%		
Phosphorus 128 mg	13%		
Magnesium 50 mg	13%		

**Daily Value (DV) not established.

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Calcium Carbonate, Keratin, Croscopollose, Magnesium Oxide, Stearic Acid, Ascorbic Acid, Zinc Gluconate, Hydrolyzed Collagen, Silicon Dioxide, Inositol, Citrus Bioflavonoids, d-Alpha Tocopheryl Acetate, Retinyl Palmitate, Niacinamide, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Manganese Gluconate, Polydextrose, Titanium Dioxide, Alpha Lipoic Acid, Cholecalciferol, Choline Bitartrate, Magnesium Stearate, Para-aminobenzoic Acid, Talc, Polyvinyl Alcohol, Ribonucleic Acid, Rutin, Natural Strawberry Flavor, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Biotin, Riboflavin, Maltodextrin, Horsetail Herb, Polyethylene Glycol, Medium Chain Triglycerides, Pearlescent Pigment, Red Beet Powder, Cyanocobalamin, Polysorbate 80, Folic Acid, Carmine, Fish Gelatin. May contain acacia gum, d-alpha tocopherol, gelatin (porcine), glucose, gum arabic, lactic acid, rice flour, sodium benzoate, sorbic acid, starch, sucrose. Contains: Fish (cod, cusk, flounder, haddock, hake, pollock, rockfish, sole, tilapia).

Distributed by: Costco Wholesale Corporation, P.O. Box 34535, Seattle, WA 98124-1535 www.costco.com**VITAMIN INFOLINE 1-800-428-8048****IMPORTANT: TAMPER-EVIDENT SEAL UNDER CAP. DO NOT USE IF PRINTED SEAL IS BROKEN OR MISSING**

FRESHNESS AND POTENCY GUARANTEED THROUGH:

135732
518536
645895