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**VITAMIN WORLD**  
*get healthy.*

# C-1000<sup>mg</sup>

with Protective Bioflavonoids  
and Wild Rose Hips

No Artificial Color, Flavor or Sweetener,  
No Preservatives, No Sugar, No Starch, No Milk,  
No Lactose, No Soy, No Gluten, No Wheat, No Yeast,  
No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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TO REORDER PROD. # **695**  
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**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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B695 10G

Vegetarian Vitamin Supplement

Coated Caplets

**500**

**DIRECTIONS:** For adults, take one (1) caplet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	1,000 mg (1 g)	1,667%
Citrus Bioflavonoid Complex ( <i>Citrus spp.</i> ) (fruit)	25 mg	*
Rose Hips ( <i>Rosa canina</i> ) (fruit)	20 mg	*

\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.