

Since 1972

Para-Aminobenzoic Acid (PABA)
Rutin
Wheat Germ (<i>Triticum aestivum</i>)
Rose Hips (<i>Rosa canina</i>)
Acerola Fruit Extract (<i>Malpighia glabra</i>)
†Daily Value not established

Other Ingredients: Capsule (gelatin, water), cellulose (plant), magnesium stearate (vegetable), silicon dioxide (powdered silica).

GUARANTEED PURE

General Nutrition Support*

RECOMMENDATION

Take one capsule with a meal three times daily.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.



Yeast-Free



B-COMPLEX

Dietary Supplement

100 CAPSULES

Stock No. 1778

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

www.naturessunshine.com

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	%Daily Value	
Thiamin (Vitamin B ₁ , mononitrate)	33 mg	2750%
Riboflavin (Vitamin B ₂)	33 mg	2538%
Niacin (niacinamide)	33 mg	206%
Vitamin B ₆ (pyridoxine HCl)	33 mg	1941%
Folate	200 mcg DFE (120 mcg folic acid)	50%
Vitamin B ₁₂ (cyanocobalamin)	33 mcg	1375%
Biotin	100 mcg	333%
Pantothenic Acid (d-calcium pantothenate)	33 mg	660%
Choline (bitartrate)	11 mg	2%
Proprietary Blend	150 mg	†
Inositol		
Lemon Bioflavonoid Extract		

LOT:
Full Potency Through: