

21ST
CENTURY.

Energy

Sentry Energy

Multivitamin & Multimineral
Supplement

Compare VS.
Centrum[®] Specialist[®] Energy[†]

100 Tablets

gluten
free

Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | % Daily Value | Amount Per Serving | % Daily Value |
|---------------------------------------------------------|---------------------|--------------------------------------|---------------|
| Vitamin A (as Acetate and 29% as Beta-Carotene) | 1,060 mcg 117% | Phosphorus (as Dicalcium Phosphate) | 48 mg 4% |
| Vitamin C (as Ascorbic Acid) | 120 mg 133% | Iodine (as Potassium Iodide) | 150 mcg 100% |
| Vitamin D ₃ (as Cholecalciferol) | 10 mcg (400 IU) 50% | Magnesium (as Magnesium Oxide) | 40 mg 10% |
| Vitamin E (as dl-Alpha Tocopheryl Acetate) | 27 mg 180% | Zinc (as Zinc Oxide) | 11 mg 100% |
| Vitamin K (as Phytonadione) | 25 mcg 21% | Selenium (as Sodium Selenate) | 70 mcg 127% |
| Thiamin (as Thiamin Mononitrate, B-1) | 4.5 mg 375% | Copper (as Cupric Oxide) | 0.9 mg 100% |
| Riboflavin (Vitamin B-2) | 5.1 mg 392% | Manganese (as Manganese Sulfate) | 4 mg 174% |
| Niacin (as Niacinamide) | 40 mg 250% | Chromium (as Chromium Picolinate) | 120 mcg 343% |
| Vitamin B-6 (as Pyridoxine HCl) | 6 mg 353% | Molybdenum (as Sodium Molybdate) | 75 mcg 167% |
| Folate (400 mcg Folic Acid) | 667 mcg DFE 167% | Chloride (as Potassium Chloride) | 72 mg 3% |
| Vitamin B-12 (as Cyanocobalamin) | 18 mcg 750% | Potassium (as Potassium Chloride) | 80 mg 2% |
| Biotin | 50 mcg 167% | Boron (as Borate) | 60 mcg ** |
| Pantothenic Acid (as d-Calcium Pantothenate) | 12 mg 240% | Tin (as Stannous Chloride) | 10 mcg ** |
| Calcium (as Dicalcium Phosphate & Calcium Carbonate) | 100 mg 8% | Nickel (as Nickel Sulfate) | 5 mcg ** |
| Iron (as Ferrous Fumarate) | 18 mg 100% | Vanadium (as Sodium Metavanadate) | 10 mcg ** |
| | | Panax Ginseng (root) | 50 mg ** |

** Daily Values not established.

Other Ingredients: Starch, Cellulose, Maltodextrin, Stearic Acid, Gelatin, Hydroxypropyl Methylcellulose. Contains <2% of: Artificial Colors (FD&C Red #40, FD&C Yellow #6), Ascorbyl Palmitate, BHA, BHT, Croscarmellose Sodium, dl-Alpha Tocopherol, Gum Arabic, Magnesium Stearate, Mannitol, PEG, Polydextrose, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Titanium Dioxide, Triacetin, Vegetable Oil, Water.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Important Information: Extended use of high levels of Vitamin A (excluding Beta-Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

No added Yeast or Artificial

Flavors. **Gluten Free.**

[†]Centrum[®] is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940.

ACTUAL SIZE

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Proudly Manufactured by
21ST Century HealthCare, Inc.

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