

TAMPER
RESISTANT:
DO NOT USE IF
SEAL UNDER
CAP IS BROKEN
OR MISSING.



B4280

02C

VITAMIN WORLD

NATURALLY INSPIRED®



Choline Bitartrate Inositol

250 mg / 250 mg

Essential for Cells and Brain Function*
Dietary Supplement

100 TABLETS

ACTUAL
SIZE

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
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Choline (from 250 mg Choline Bitartrate)	100 mg **
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Inositol	250 mg **
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**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Calcium Silicate, Vegetable Stearic Acid, Croscarmellose, Vegetable Magnesium Stearate, Cellulose Coating.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

PROD. NO. 4280

Choline and Inositol are part of the B-Complex vitamins and are critical for the optimal functioning of cells.* In addition, both Choline and Inositol are important for brain function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablet five times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TO REORDER CALL 1-800-228-4533

Or Order On The Web www.vitaminworld.com

Carefully Manufactured by
Vitamin World, Inc.

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