

21ST
CENTURY®

gluten
free

PRENATAL

DIETARY SUPPLEMENT

Before, During &
After Pregnancy

Compare VS.
Stuart PreNatal®†

60 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (100% as Beta-Carotene)	1,200 mcg	92%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D ₃ (as Cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	71%
Thiamin (as Thiamin Mononitrate)	1.8 mg	129%
Riboflavin (Vitamin B-2)	1.7 mg	106%
Niacin (as Niacinamide)	20 mg	111%
Vitamin B-6 (as Pyridoxine HCl)	2.6 mg	130%
Folate	1,334 mcg DFE (800 mcg Folic Acid)	222%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	286%
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	104%
Zinc (as Zinc Oxide)	25 mg	192%

† Stuart Prenatal® is a registered trademark of Wyeth Laboratories, Inc., a Wyeth Ayerst Company, Philadelphia, PA 19101

Other Ingredients: Cellulose, Starch, Stearic Acid, Maltodextrin. **Contains** <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40, FD&C Yellow #6), Ascorbyl Palmitate, BHA, BHT, Croscarmellose Sodium, dl-Alpha Tocopherol, Gelatin, Gum Arabic, Hydroxypropyl Methylcellulose, Magnesium Stearate, PEG, Polyvinyl Alcohol, Silicon Dioxide, Sodium Aluminosilicate, Sucrose, Talc, Titanium Dioxide, Vegetable Oil, Water.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

ACTUAL SIZE

Proudly Manufactured by
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500105-0319N

