

Glucosamine Chondroitin Advanced Plus MSM for joint and cartilage support.*

Directions: As a dietary supplement, adults take three (3) tablets daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your physician before using this product.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Lactose, Yeast, Wheat, Gluten, Milk or Artificial Flavors.

† Schiff® Move Free® is a registered trademark of Schiff Nutrition Group

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Proudly Manufactured by
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21ST
CENTURY®

Glucosamine Chondroitin **ADVANCED**

PLUS 1500 mg MSM

COMPARE VS.

**SCHIFF® MOVE FREE®
ADVANCED + MSM†**

DIETARY SUPPLEMENT

**120 COATED
TABLETS**

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	2 g	<1%‡
Total Sugars	1 g	**
Sodium	20 mg	<1%
Glucosamine HCl	1,500 mg	**
MSM (Methylsulfonylmethane)	1,500 mg	**
Chondroitin Sulfate Sodium	200 mg	**
Antioxidant Proprietary Blend	250 mg	**
Chinese Skullcap (root) (<i>Scutellaria baicalensis</i>), Black Catechu (wood) (<i>Acacia catechu</i>), Maltodextrin		
Hyaluronic Acid (as Sodium Hyaluronate)	3.3 mg	**

‡ Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Cellulose. **Contains <2% of:** Magnesium Stearate, PEG, Polyplasdone, Polyvinyl Alcohol, Silicon Dioxide, Stearic Acid, Talc, Titanium Dioxide. **Contains shellfish (shrimp, crab, lobster, crayfish).**



ACTUAL SIZE