

21ST
CENTURY[®]



ZOO FRIENDS[®]

Children's Multivitamin
Supplement

COMPLETE

Compare VS.
FLINTSTONES[™]
COMPLETE[†]

300 CHEWABLE
TABLETS



Supplement Facts

Serving Size 1 Chewable Tablet

Amount Per Serving	% Daily Value 2-3 Yrs. 4 & Up		
Vitamin A (as Acetate & 33% from Beta-Carotene)	450 mcg	150%	50%
Vitamin C (as Sodium Ascorbate)	30 mg	200%	33%
Vitamin D ₃ (as Cholecalciferol)	7.5 mcg (300 IU)	50%	38%
Vitamin E (dl-Alpha Tocopheryl Acetate)	6.75 mg	113%	45%
Thiamin (as Thiamin Mononitrate)	0.75 mg	150%	63%
Riboflavin (Vitamin B-2)	0.85 mg	170%	65%
Niacin (as Niacinamide)	7.5 mg	125%	47%
Vitamin B-6 (as Pyridoxine HCl)	1 mg	200%	59%
Folate	333 mcg DFE (200 mcg Folic Acid)	222%	83%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	333%	125%
Biotin	20 mcg	250%	67%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	250%	100%
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	52 mg	7%	4%
Iron (as Iron Glycinate)	9 mg	129%	50%
Iodine (as Potassium Iodide)	75 mcg	83%	50%
Zinc (as Zinc Oxide)	6 mg	200%	55%
Copper (Copper Oxide)	1 mg	333%	111%
Sodium	5 mg	<1%	<1%

Other Ingredients: Sucrose, Sorbitol, Stearic Acid, Citric Acid, Silicon Dioxide. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Lake, FD&C Red #40, FD&C Yellow #6), Ascorbyl Palmitate, BHA, BHT, dl-Alpha Tocopherol, Gelatin, Gum Arabic, Magnesium Stearate, Maltodextrin, Natural Flavors, Starch, Sucralose, Vegetable Oil, Water.

21ST Century[®] Zoo Friends[®] Complete is a multivitamin chewable to support children's health.*

Directions: As a dietary supplement, children 2 to 3 years of age chew one (1) tablet daily; children 4 years of age and older and adults, chew two (2) tablets daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Yeast.

*Flintstones[™] is a trademark of Hanna-Barbera Prod., Inc.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Proudly Manufactured by
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