

KIRKLAND
Signature

ITEM / ART.
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NEW LOOK,
SAME GREAT
FORMULA

On-the-GO

Active Vitamin Pack

23 Key Vitamins and Minerals



DAILY Nutritional Support†
100 Day Supply

100
PACKETS

100 DAY SUPPLY
Five Tablets & Two Softgels Per Packet

Dietary Supplement



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USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

SUGGESTED USE: Take one (1) packet daily, or as directed by a physician.

Supplement Facts

Serving Size 1 Packet

Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories 5		Iodine 150 mcg	100%
Total Carbohydrate < 1g	< 1% **	Magnesium 50 mg	13%
Vitamin A 2,500 IU	50%	Zinc 11 mg	73%
(40% as Beta Carotene)		Selenium 55 mcg	79%
Vitamin C 590 mg	983%	Copper 0.9 mg	45%
Vitamin D ₃ 500 IU	125%	Manganese 2.3 mg	115%
Vitamin E 250 IU	833%	Chromium 45 mcg	38%
Vitamin K 30 mcg	38%	Molybdenum 45 mcg	60%
Thiamin 51.5 mg	3433%	Chloride 72 mg	2%
Riboflavin 51.7 mg	3041%	Potassium 80 mg	2%
Niacin 70 mg	350%	Boron 150 mcg	-
Vitamin B ₆ 53 mg	2650%	Nickel 5 mcg	-
Folic Acid 900 mcg	225%	Silicon 2 mg	-
Vitamin B ₁₂ 75 mcg	1250%	Vanadium 10 mcg	-
Biotin 80 mcg	27%	Lutein 250 mcg	-
Pantothenic Acid 60 mg	600%	Lycopene 300 mcg	-
Calcium 1220 mg	122%	Asian Ginseng Extract (Panax ginseng) root 100 mg	-
Phosphorus 110 mg	11%	Standardized to 4% Ginsenosides 4 mg	-

*Daily Value not established. **Percent Daily Values are based on 2,000 calorie diet.

INGREDIENTS: Ascorbic Acid, Calcium Carbonate, Cellulose Gel, Dibasic Calcium Phosphate, d-Alpha Tocopheryl Acetate, Gelatin, Soybean Oil, Potassium Chloride, Glycine, Magnesium Oxide, Hydroxypropyl Methylcellulose, Powdered Asian Ginseng Extract, Starch (Corn & Tapioca), Croscarmellose Sodium, Niacinamide, Maltodextrin, d-Calcium Pantothenate, Pyridoxine Hydrochloride, Rose Hips, Thiamin Mononitrate, Riboflavin, Stearic Acid, Magnesium Stearate, Water, Silicon Dioxide, Croscopovidone, Yellow Beeswax, Zinc Oxide, Hydrogenated Soybean Oil, Manganese Sulfate, Copper Sulfate, Polyethylene Glycol, Soy Lecithin, Dried Yeasts, Folic Acid, Vitamin A Acetate, Sodium Borate, Beta Carotene, Lycopene, Boric Acid, Chromium Picolinate, Titanium Dioxide (artificial color), Lutein, Yellow 6 Lake, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Biotin, Cyanocobalamin, Blue 1 Lake, Green 3, Phytanadione, Nickel Sulfate, Sodium Metavanadate, Vitamin D₃ (Cholecalciferol).

Distributed by: Costco Wholesale Corporation, P.O. Box 34535, Seattle, WA 98124-1535 USA

www.costco.com

Tablet Colors May Vary

VITAMIN INFOLINE 1-800-428-7782

CELLOPHANE WRAPPED BOX AND INDIVIDUALLY SEALED PACKET FOR YOUR PROTECTION.

KIRKLAND
Signature

Active Vitamin Pack

Kirkland Signature Active Vitamin Pack is specially formulated based on nutritional science. This product provides a balanced formulation of vitamins, minerals and ginseng to help provide essential nutrients that may be missed if you are not eating a balanced diet.

With today's demanding lifestyles and busy schedules, finding the time to eat a balanced diet isn't always possible. Limiting our consumption of some of the essential nutrients required for daily good health may occasionally leave us feeling rundown and fatigued. Kirkland Signature Active Vitamin Pack provides the essential nutrients necessary for a balanced diet and to help support cellular energy metabolism.¹

Some scientific evidence suggests that consumption of antioxidant vitamins (such as vitamin C and vitamin E) may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

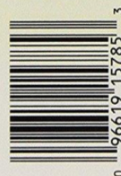
• No Lactose • No Artificial Flavor • No Gluten

WARNING: Not intended for use by pregnant or nursing women. This product contains vitamin E and Asian ginseng. If you have abnormal blood pressure, are taking medications, facing surgery, have bleeding problems, or using any other treatment which may affect the ability of blood to clot, consult your physician before taking this product. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

DIABETICS/HYPOGLYCEMICS: This product contains chromium, please discuss use of this product with a physician prior to use.

Keep out of the reach of children.
Store at room temperature. Avoid excessive heat.

List No. 19271 P200 Cat. 112 1A067



**FRESHNESS & POTENCY
GUARANTEED THROUGH:**

LOT 1131866

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Active Vitamin Pack



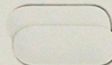
Multivitamin/Multimineral

A supplement providing more than 20 important nutrients to help provide daily nutrition.¹



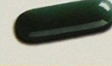
Vitamin E, 200 IU

Contributes to antioxidant activity by helping to fight free radicals that can damage cells.¹



Calcium, 1000 mg (two tablets)

Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.



Asian Ginseng Extract, 100 mg

Food chemists have identified certain ginsenosides and flavonoids contained naturally in Ginseng concentrate that are important for well-being.¹



Vitamin C, 500 mg with Rose Hips

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive. Vitamin C helps protect the body's cells from potential oxidative damage and helps support the immune system.¹



B-Complex Vitamins

Supports energy metabolism with a combination of B vitamins which help convert food into cellular energy and are necessary for normal functioning of the nervous system.¹

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.