



	Amount	% Daily Value
	per Softgel	†
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%
Vitamin A (as Beta Carotene)	4000 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Acetate)	11 IU	37%
Thiamin (as Thiamin Mononitrate)	1.5 mg	80%
Riboflavin	1.7 mg	85%
Niacin (as Niacinamide)	18 mg	90%
Vitamin B6 (as Pyridoxine HCl)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B12 (as Cyanocobalamin)	4 mcg	75%
Calcium (as Calcium Carbonate)	38 mg	15%
Iron (as Ferrous Fumarate)	27 mg	100%
Zinc (as Zinc Oxide)	25 mg	100%
DHA (docosahexaenoic acid from algal oil)	250mg	

† % Daily Value Not Established

OTHER INGREDIENTS: Gelatin, Glycerin, Yellow Beeswax, Cholesterol Monostearate, Magnesium Oxide, FD & C