

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

2 capsules daily achieves FDA daily value for choline. For pregnancy, 2 capsules 2 times daily achieves the intake during pregnancy that may produce cognitive benefits for offspring.¹

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Choline 550mg

DIETARY SUPPLEMENT
120 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 60 or 30

	amount per serving	percent daily value
Choline (bitartrate)	550mg	100%

* Daily value not established

Other Ingredients: Vegetable Cellulose Capsule, Leucine, Cellulose, Rice Powder, and Silica.

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net

manufactured by
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