

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

### Recommendations

1-2 capsules, 2-4 times daily, or  
as directed by your healthcare  
professional.

### Warning

If pregnant, consult your physician  
before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN  
(WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN,  
WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>,  
SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are  
independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)



Buffered C  
500mg

DIETARY SUPPLEMENT  
220 VEGETARIAN CAPSULES

## Supplement Facts

serving size: 2 vegetarian capsules  
servings per container: 110

|                                                                                              | amount<br>per serving | % daily<br>value |
|----------------------------------------------------------------------------------------------|-----------------------|------------------|
| Vitamin C<br>(as 60% calcium ascorbate- 20% magnesium ascorbate-<br>20% potassium ascorbate) | 1000mg                | 1666%            |
| Calcium (as calcium ascorbate)                                                               | 68mg                  | 6.8%             |
| Magnesium (as magnesium ascorbate)                                                           | 14mg                  | 3.5%             |
| Potassium (as potassium ascorbate)                                                           | 44mg                  | 1%               |

\* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,  
Cellulose, Ascorbyl Palmitate, Magnesium Silicate,  
Silica, and Leucine.

manufactured by  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA